

## Africa W. all-time Top 100 end 2016

## Triple jump

1	MBANGO Françoise	CMR	15.39	0.5		76	17/08/08	1	Peking
2	ALDAMA Yamilé	SUD	15.28	0.3		72	02/08/04	1	Linz
3	NDOYE Kéné	SEN	15.00	1.2		78	04/07/04	2	Iraklio
4	RAHOULI Baya	ALG	14.98	0.2		79	01/07/05	1	Almeria
5	OHADUGHA Chinoye	NGR	14.21	-0.3		86	18/07/07	2	El-Djezair
6	NKOUINDJIN Joelle	CMR	14.16			86	12/07/15	1	Yaoundé
7	OKAGBARE Blessing	NGR	14.13	2.0		86	19/05/07	1	Lagos
8	NAMBAWA Sarah	UGA	14.06	0.0		84	09/04/11	1	Nashville
9	FALUADE Brenda	NGR	13.98	1.9		84	05/04/08	1	Gainesville
10	NKIRUKA Dominique	NGR	13.95	0.2		85	25/07/09	1	Abuja
11	SAHNOUNE Kamelia	ALG	13.92	0.5		86	29/05/08	2	El Djezair
12	<b>NTSHINGILA Patience</b>	<b>RSA</b>	<b>13.90</b>	<b>0.6</b>	<b>A</b>	<b>89</b>	<b>29/04/16</b>	<b>1</b>	<b>Pietersburg</b>
13	OTONYE Iworima	NGR	13.87	0.5		76	06/05/06	1	Abuja
14	IBRAHIM Blessing	NGR	13.82	1.0		90	06/07/12	2	Kumasi
15	<b>EKE Nadia</b>	<b>GHA</b>	<b>13.82</b>	<b>1.4</b>		<b>93</b>	<b>18/06/16</b>	<b>2</b>	<b>Chula Vista</b>
16	COLLINS-OKAH Rose	NGR	13.80	-0.5	A	70	17/09/95	1	Harare
17	POTGIETER Charlene	RSA	13.80	1.1		85	10/06/12	1	Tampere
18	CHNAIK Jamaa	MAR	13.75	2.0		84	01/07/12	3	Porto Novo
19	DIKOTLA Matsi	RSA	13.74		A	87	07/03/15	1	Pretoria
20	ALIMI Salamotu	NGR	13.68			76	18/07/03	1	Abuja
21	EZZIRAOUI Latifa	MAR	13.64			85	07/07/04	1	Rabat
22	OUABA Chantal	BUR	13.63	1.6		75	20/05/01	1	Ouagadougou
23	KAMBOULE Béatrice	BUR	13.60	-1.9		80	24/04/07		Ouagadougou
24	<b>CHANBANGU Zinzi</b>	<b>RSA</b>	<b>13.60</b>	<b>0.3</b>	<b>A</b>	<b>86</b>	<b>17/02/16</b>	<b>1</b>	<b>Johannesburg</b>
25	BAKHECHI Jihad	MAR	13.59			91	05/05/13	1	Casablanca
26	BAHANAG Marie-Therese	CMR	13.52	1.6		85	15/07/06	1	Dreux
27	KAYE Decontee	LBR	13.52	1.1		87	09/06/07	4	Sacramento
28	MBAOMA Nkechinyere	NGR	13.51			82	27/05/01		Kumasi
29	N'ZOLA Theresa	ANG	13.49	1.8		83	27/07/02		Angers
30	BARNARD Charmaine	RSA	13.46	0.3	A	68	10/04/92	1	Bloomington
31	MBUMI Sandrine	CMR	13.44	0.4		86	14/09/13		Nizza
32	SOURA Alyma Kadidiatou	BUR	13.43	2.0		84	17/05/09	1	Cotonou
33	VOLAZANDRY Rapitsara	MAD	13.41			76	15/08/07		Antananarivo
34	SANOU Worokia	BUR	13.40	-0.8	A	89	01/08/10	5	Nairobi
35	HOPE Idhe	NGR	13.40	0.5		87	27/06/15	1	Abuja
36	PETERS Cindy	RSA	13.39	0.0		84	10/04/11	2	Durban
37	TOBIN-WEST Ibifuro	NGR	13.38	1.5		85	04/07/02	3	Limoges
38	ONANA Linda	CMR	13.37	1.5		89	28/06/14	1	Nivelles
39	BOATENG Mathilde	GHA	13.37	1.3		89	11/07/14	5	Reims
40	DKOUK Fatima Zahra	MAR	13.36			77	22/05/10		Marrakech
41	EFAGO Grace	NGR	13.35	0.1		81	22/05/99	2	Lagos
42	M'BOUA Celia-Christelle	CIV	13.35	1.5		86	12/07/13	4	Paris
43	OSIFO Linda	NGR	13.34			86	18/07/03	2	Abuja
44	OBI Uche	NGR	13.32			86	17/04/06	4	Abeokuta
45	OTOARUOH Mary Emiata	NGR	13.32	1.9		94	27/04/15	2	Manama
46	QUARESMA Lecabela	STP	13.31	1.9		89	02/06/11	2	Bonneuil-sur-Marne
47	DKHISSI Noufissa	MAR	13.30	-2.1		89	30/05/09	2	Marrakech
48	ATIALLAH Hasna	MAR	13.26			69	28/05/94		Meknès
49	THOMA Nkechi	NGR	13.23				11/02/06	4	Abuja
50	KINGWELL Kelly	RSA	13.23	1.0	A	91	31/03/12	1	Germiston
51	NEGLOGPE Edwige	TOG	13.18			81	29/07/01		Obernai
52	van NIEKERK Maryna	RSA	13.17			54	30/11/92	1	Johannesburg
53	BRUME Ese	NGR	13.16	1.4	A	96	06/03/15	1	Addis Ababa
54	ANKU Shirley	GHA	13.13	1.8		79	14/04/01	4	El Paso
55	EDEM Euphemia	NGR	13.12	0.3		89	21/05/11	3	Abuja
56	NGONO ZIBI Marie	CMR	13.11			91	24/05/14		Yaounde
57	MAGS Shaina Anthony	NGR	<b>13.10</b>	<b>i</b>		92	<b>19/02/12</b>	<b>3</b>	<b>Espinho</b>
58	REZGUI Rabaa	TUN	13.10			93	28/04/13	1	Kairouan

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59	JELASSI Monia	TUN	13.08	0.1		79	06/05/00		Dakar
60	OUCHEDIH Fatima	MAR	13.08			85	05/04/08	1	Oujda
61	NWOKE Vivian	NGR	13.06				28/06/09	2	Lagos
62	ZERARGUI Amina	ALG	13.05	1.8		88	27/07/11	2	El Djezair
63	AWEYS Esra Mohamed Samir	EGY	13.04	-0.5		97	06/03/15	2	Addis Ababa
64	<b>BAILLY Eleonore</b>	<b>CIV</b>	<b>13.03</b>	<b>1.5</b>			<b>26/06/16</b>		<b>Durban</b>
65	OTURAH Mary	NGR	13.03	0.0		92	30/03/12	1	Port Harcourt
66	SOMAN Patricia	CIV	13.02	1.6		81	17/05/03		Mount Pleasant
67	BETGA Stephanie	CMR	13.01	1.6		73	11/05/96		Montgeron
68	BENSALAH Ilhem	TUN	13.01			80	12/03/00		
69	<b>ACQUAD Deborah</b>	<b>GHA</b>	<b>13.00</b>				<b>11/06/16</b>	<b>1</b>	<b>Cape Coast</b>
70	KANDA Carine	COD	12.99			80	14/07/96		Vénissieux
71	EL MATHLOUTHI Najoua	TUN	12.99			85	10/07/04		Radès
72	OLUARAH Mary	NGR	12.98			94	07/07/11	1	Port Harcourt
73	AMOAH Deborah	GHA	12.98	1.7		89	16/03/13	1	Sacramento
74	MUSYOKI Gladys	KEN	12.98			94	06/06/14		Nairobi
75	YENDORK Juliana	GHA	12.97			72	03/06/89		Norwalk
76	HAJJAJI Yamina	MAR	12.96			88	22/05/10		Marrakech
77	<b>GRACE Anigbata</b>	<b>NGR</b>	<b>12.96</b>	<b>0.2</b>		<b>98</b>	<b>14/05/16</b>	<b>2</b>	<b>Abuja</b>
78	BONIFACE Janet	SEY	12.95			91	15/07/11		Nairobi
79	KOITA Yah	MLI	12.94	0.0		80	11/12/05		Niamey
80	SIMON Linda	GHA	12.93	0.6		87	06/07/12	4	Kumasi
81	MANSOUR Inas Mohamed Gharib	EGY	12.92	0.1		88	29/10/11	2	Al Ain
82	TOUAM Aretha	ALG	12.92	1.5		90	07/07/13	1	Aubagne
83	<b>BROWN Uchehi</b>	<b>NGR</b>	<b>12.92</b>			<b>98</b>	<b>14/05/16</b>	<b>1</b>	<b>Lagos</b>
84	MARAIS Petrusa	RSA	12.90	1.3		69	06/03/99	2	Durban
85	MAVUGARA Grace	ZIM	12.90			88	11/06/06		Harare
86	BEN LAHMEDI Fatma	TUN	12.88	0.9		91	07/06/15	3	Argentan
87	ARBI Mongia	TUN	12.85			86	05/06/05		Tunis
88	El CHEROUDI Nada	TUN	12.85			87	30/05/09	1	Kairouan
89	SERWISSI Delphine	CMR	12.84			91	24/04/13		Ngaoundere
90	NGONGOYA Sarah	CMR	12.82			83	14/08/11	3	Yaoude
91	KERRAR Narimene	ALG	12.81	1.7		91	18/06/13	5	El Djezair
92	ERWEE Bianca	RSA	12.80	-0.7	A	90	27/03/08	1	Rustenburg
93	IJDURU Chanu David	ETH	12.79			94	12/06/14		Addis Ababa
94	MOHAMED Mouna Sabry	EGY	12.78			71	31/03/00		El Maadi
95	KAHIA Houda	MAR	12.78			89	02/07/11	2	Khemisset
96	BARAKET Naima	ALG	12.77			69	09/07/95		Casablanca
97	da ROCHA Valentina	RSA	12.77		A	93	16/04/10		Germiston
98	EBERSOHN Cornelia	RSA	12.75		A	73	07/03/97		Potchefstroom
99									
100									