

Africa W. all-time Top 100 end 2017
400H

1	BIDOUANE Nezha	MAR	52.90		69	25/08/99	2	Sevilla
2	BOTHMA Myrtle *	RSA	53.74	A	64	18/04/86	1	Johannesburg
3	FEBBRAIO Surita	RSA	54.05	A	73	01/04/03	1	Pretoria
4	NEL Wenda	RSA	54.37		88	20/05/15	1	Beijing
5	ODUMOSU Muizat Ajoke	NGR	54.40		87	06/08/12	1sf3	London
6	EL MOUTAWAKIL Nawal	MAR	54.61		62	08/08/84	1	Los Angeles
7	DIOUF Mame Tacko	SEN	54.75		76	16/06/99	3	Athína
8	JABIR AHMED Mona	SUD	54.93		87	22/07/07	1	Argel
9	USIFO Maria	NGR	55.16		64	06/06/86	1	Indianapolis
10	LAMBARKI Hayat	MAR	55.27		88	27/06/13	1	Mersin
11	ADEKOYA Kemi	NGR	55.30		93	14/06/13	2	Warri
12	NATHANIEL Glory Onome	NGR	55.30		96	07/08/17	3h5	London
13	AKINREMI Omolade	NGR	55.44		74	02/06/95	2	Knoxville
14	OGOGBUNAM Amaka	NGR	55.46		90	14/08/14	2	Marrakech
15	FICK Charmaine	RSA	55.49	A	59	16/04/83	1	Bloemfontein
16	SOULAMA Aïssata	BUR	55.49		79	22/07/07	2	Argel
17	LHABZE Lamiae	MAR	55.51		84	27/06/13	2	Mersin
18	LUOGON Kou	LBR	55.55		84	01/05/09	3	Baie Mahault
19	van RENSBURG Ina	RSA	55.81	A	56	30/04/82	1	Germiston
20	WIENAND Janet	RSA	55.82	A	85	07/07/06	1	Pretoria
21	MANUNGA Francisca Koki	KEN	55.82	A	93	11/07/15	1	Nairobi
22	EBERSOHN Annerie	RSA	55.87	A	90	25/05/13	1	Potchefstroom
23	TATA-MUYA Rose	KEN	55.94	A	60	08/08/87	2	Nairobi
24	van der VEEN Karen	RSA	55.99		66	26/04/88	2	Stellenbosch
25	NDU Ugonna	NGR	56.01		91	28/04/17	1r1	Gainesville
26	KABOUD MEBAM Carole	CMR	56.03		78	05/07/08	2r1	Chambery
27	ONANUGA Saidat	NGR	56.05		74	22/04/01	2	Walnut
28	MAIYO Maureen Jelagat	KEN	56.12	A	85	26/06/16	2	Durban
29	van ZYL Kerrylyn	RSA	56.19	A	74	05/04/02	3	Germiston
30	UYS-Van HEERDEN Lana	RSA	56.23	A	68	03/05/93	1	Pretoria
31	TERBLANCHE Debbie	RSA	56.25	A	67	16/02/91	2	Germiston
32	SKHYI Hanane	MAR	56.28		83	30/06/07	3	Meknès
33	ZETOUANI Nadia	MAR	56.29		70	09/07/94	1	Limoges
34	WOMPLOU Marie	CIV	56.39		69	12/07/94	3	Bondoufle
35	JAMESON Tameka	NGR	56.44		89	21/05/16	4	Tucson
36	RAZAIARIMALALA Cendrino	MAD	56.49		78	01/07/01	2r1	Saint-Etienne
37	OBIJOR Catherine	NGR	56.50		85	21/07/01	2	Lagos
38	AKINREMI Omotayo	NGR	56.55		74	14/04/01	2	Tempe
39	SWART Irma	RSA	56.66		65	22/04/89	3	Durban
40	MOUSSA Houria	ALG	56.66		82	22/06/06	1	El-Djezair
41	AYEDOU Bimbo Miel	BEN	56.66		91	24/07/11	1	Ouagadougou
42	ULLRICH Ronelle	RSA	56.81	A	75	03/04/95	2	Pietersburg
43	WASIKE Florence	KEN	56.86	A	79	05/07/08	1	Nairobi
44	STEPHENS Gladys	NGR	56.88		84	12/07/08	1r1	Alcalá de Henares
45	KYALISIMA Ruth	UGA	57.02		55	06/08/84	7s2	Los Angeles
46	NDUBUEZE Elisabeth	NGR	57.02		79	22/08/98	4	Dakar
47	KOTZE Amanda	RSA	57.04		86	02/06/07	2r2	Neerpelt
48	LACHGAR Zahra	MAR	57.12		78	16/07/04	4	Brazzaville
49	van der MERWE Adri	RSA	57.17		76	03/03/01	3	Durban
50	JONARY Aurelie	MAD	57.20	A	69	04/09/97	1	Antananarivo
51	SWANEPOEL Karen	RSA	57.23	A	65	03/05/93	2	Pretoria
52	LOUW Cecillia	RSA	57.23		76	20/03/98	3	Cape Town
53	EKSTEEN Cecilia	RSA	57.23		76	20/03/98		Kapstadt
54	VOGEL Elmarie	RSA	57.24	A	60	18/04/86	3	Johannesburg
55	NAUSE Madele	RSA	57.1	hA	63	24/10/86		Bloemfontein
56	CEESAY Nusrat	GAM	57.24		81	20/04/12		Azusa
57	RAZANAMALALA Hanitrasoa Olga	MAD	57.25		88	29/08/11	7h2	Daegu
58	van der BURGH Marna	RSA	57.26	A	57	21/03/88		Pretoria

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59	ONYEMUWA Mary	NGR	57.27		83	19/05/07	1	Lagos
60	RAZAFINJANAHARY Lantosoa	MAD	57.29		81	19/10/00	1h2	Santiago de Chile
61	TOURE Gnima	SEN	57.30		75	06/07/99		Sotteville les Rouen
62	OSSAI Rita	NGR	57.31		95	16/06/16	1	Sofia
63	BLACKBURN Danielle	RSA	57.37		75	29/04/95		Durban
64	FATOU FAYE Mame	SEN	57.42		86	14/07/13	3	Paris
65	VERSTER Leonie	RSA	57.3	hA	57	07/04/78		Germiston
66	MAKDACH Mounia	MAR	57.44			13/07/08	3	Tanger
67	OOSTHUIZEN Bermien	RSA	57.52	A	62	09/04/83		Germiston
68	HADDAR Dehia	ALG	57.56		95	16/07/16	1	El-Djezair
69	LOUWRENS Leonie	RSA	57.61		59	15/11/80		Krugersdorp
70	BECKER Vanessa	RSA	57.61	A	79	27/01/01		Pietersburg
71	SENEKAL Jean-Mare	RSA	57.68		92	29/04/17	1	Cape Town
72	KEBAOUI Hend	TUN	57.69		69	28/07/95		Lindau
73	MYBURGH Hybré	RSA	57.6	h	52	05/07/74		Frankfurt
74	du TOIT Lorraine	RSA	57.74	A	64	21/03/88		Pretoria
75	MAGERMAN Gezelle	RSA	57.75	A	97	20/07/16	2h2	Bydgoszcz
76	AKPOFA Daisy Faith	NGR	57.77		96	21/05/16	1	Sapele
77	ROELOFSE Hanlie	RSA	57.81	A	59	02/05/81		Pretoria
78	LARABA Nasiru	NGR	57.84			30/07/99	3h1	Lagos
79	NAIT Aisha	SLE	57.84		93	15/05/16		Tallahassee
80	RAS Zonja	RSA	57.92	A	63	02/03/90		Potchefstroom
81	NWOGU Ann	NGR	57.93		95	14/06/13	3	Warri
82	van der WALT Zeney	RSA	57.94		99	08/04/17	1	Cape Town
83	DJAMALIDINE Salhate	COM	57.97		78	25/07/03	6r1	Narbonne
84	ERHARUYI Esther	NGR	58.08			30/07/99	1h2	Lagos
85	LIEBENBERG Licinda	RSA	58.08		86	14/03/09		Stellenbosch
86	SWANEPOEL Helene	RSA	58.08		96	13/07/13		Donetsk
87	BABOLAYI Oarabile	BOT	58.09		92	14/09/11	4h1	Maputo
88	KOSTER Dominique	RSA	58.11		77	27/01/01		Pietersburg
89	AKINREMI Taiye	NGR	58.12		70	28/06/92		
90	KAHIA Houda	MAR	58.12		89	17/07/10		Casablanca
91	NNAMUKA Rosemary	NGR	58.21		69	02/05/92		
92	MORAKE Gontse	RSA	58.21			08/04/17	2	Cape Town
93	NYAKAWA Callen	KEN	58.24	A	83	16/06/07	1	Nairobi
94	CHELAGAT Maureen	KEN	58.32	A	90	26/06/07	2	Nairobi
95	JOAQUIM Delfina	ANG	58.34		80	11/07/99	1	Lisboa
96	SYLLA-LE BOUARD Aminata	SEN	58.36		84	18/06/05		Nice
97	BALSAMO Monique	RSA	58.42	A	84	08/06/02		Germiston
98	KOLA Caroline	KEN	58.51	A	66	23/07/94		Nairobi
99	OLUWAKEMI Francis Ruth	NGR	58.54		93	21/06/14	2	Calabar
100	DOMENECH Sophie	SEN	58.59		71	31/05/97		Narbonne

* mixed race

	BOTHMA Myrtle	RSA	53.65	A	64	12/03/90	1	Pretoria
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