

**Africa W. all-time Top 100 end 2016**  
3000 st

1	JEPKEMOI Hyvin Kiyeng	KEN	9:00,01	92	28/05/16	2	Eugene
2	GHRIBI Habiba	TUN	9:05,36	84	11/09/15	1	Bruxelles
3	CHEYWA Milcah Chemos	KEN	9:07,14	86	07/06/12	1	Oslo
4	KERTICH Eunice Jepkorir	KEN	9:07,41	82	17/08/08	2	Beijing
5	ASSEFA Sofia	ETH	9:09,00	87	07/06/12	2	Oslo
6	AYALEW Hiwot	ETH	9:09,61	90	07/06/12	3	Oslo
7	CHEPKOECH Beatrice	KEN	9:10,86	91	27/08/16	4	Paris Saint-Denis
8	CHEPKURUI Lidya	KEN	9:12,55	84	13/08/13	2	Moskva
9	NYANGAU Ruth Bisibori	KEN	9:13,16	88	17/08/09	7	Berlin
10	KIPKEMOI Gladys Jerotich	KEN	9:13,22	86	10/06/10	2	Roma
11	NGANGA Virginia Nyambura	KEN	9:13,85	93	17/07/15	3	Monaco
12	DIRO Etenesh	ETH	9:14,07	91	17/08/12	3	Stockholm
13	INZIKURU Dorcus	UGA	9:15,04	82	14/06/05	1	Athen
14	NJOROGE Mercy Wanjiku	KEN	9:16,94	86	06/05/11	2	Doha
15	KIRUI Purity Cherotich	KEN	9:17,74	91	11/09/15	5	Bruxelles
16	AHMED Zemzem	ETH	9:17,85	84	17/08/08	7	Beijing
17	ROTICH Lydia Chebet	KEN	9:18,03	88	04/06/10	3	Oslo
18	BEKELE Mekdes	ETH	9:20,23	87	13/06/08	2	Huelva
19	ADAMU Birtukan	ETH	9:20,37	92	26/05/11	4	Roma
20	ELOUALI ALAMI Salima	MAR	9:20,64	83	17/07/15	7	Monaco
21	OUHADDOU Hanane	MAR	9:22,12	82	18/07/09	1	Heusden-Zolder
22	AYANA Almaz	ETH	9:22,51	91	27/08/10	3	Bruxelles
23	KIPTUM Cheruto Jeruto	KEN	9:23,35	81	26/08/06	2	Rieti
24	CHESPOL Celliphine Chepteek	KEN	9:24,73	99	07/05/16	7	Shanghai
25	FENTE Birtukan	ETH	9:24,91	89	04/06/15	7	Roma
26	TANJI Norah Jeruto	KEN	9:25,07	85	26/06/16	1	Durban
27	CHEPNGETICH Roseflina	KEN	9:25,91	97	24/08/15	3h2	Beijing
28	CHEPCHUMBA Salome	KEN	9:26,07	82	26/08/06	3	Rieti
29	JESANG Agnes	KEN	9:27,22	86	26/06/16	2	Durban
30	SIDI MADANE Fadwa	MAR	9:27,87	94	24/08/15	4h3	Beijing
31	ACHAMO Netsanet	ETH	9:28,03	87	02/06/07	2	Neerpelt
32	CHEROTICH Fancy	KEN	9:28,04	90	27/06/13	5	Ostrava
33	GETNET Tigist	ETH	9:28,36	97	12/07/14	7	Glasgow
34	TUIGONG Caroline Chepkurui	KEN	9:28,81	90	22/05/16	3	Rabat
35	BETTICHE Amina	ALG	9:29,20	87	17/06/14	4	Ostrava
36	ITAA Korahubsh	ETH	9:29,52	92	10/06/09	1	Huelva
37	CHAABI Bouchra	MAR	9:30,35	79	04/07/04	3	Iraklio
38	CHEMUTAI Peruth	UGA	9:31,03	99	13/08/16	7h1	Rio de Janeiro
39	MUYANGA Christine Kambua	KEN	9:31,35	91	10/07/08	1	Bydgoszcz
40	KALTOUM Bouaasayriya	MAR	9:32,50	82	11/05/13	1	Fez
41	ROTICH Joan Kipkemai	KEN	9:33,34	93	30/07/14	3	Glasgow
42	MUENI Elizabeth	KEN	9:33,49	91	03/07/09	5	Oslo
43	CHEMION Phanencer Chemutai	KEN	9:35,31	89	27/05/12	4	Rabat
44	HASSEN Halima	ETH	9:35,89	92	01/06/09	3	Rehlingen
45	MOHAMED Buzuayehu	ETH	9:36,72	96	05/06/15	1	Montbéliard
46	NYARUAI WANJIRU Veronica	KEN	9:37,11	89	31/05/08	5	Neerpelt
47	BELACHEW Agrie	ETH	9:37,17	99	22/07/16	3	Bydgoszcz
48	ANSA Weynshet	ETH	9:37,85	96	03/06/16	3	Huelva
49	JEPKEMEI Daisy	KEN	9:38,16	96	15/05/15	8	Doha
50	KIBET Betty Chepkemai	KEN	9:38,27	90	22/07/16	4	Bydgoszcz
51	AZZOUHOUM Fatiha Bahi	ALG	9:38,31	83	14/06/05	6	Athinaï
52	LIMIKA Irene	KEN	9:39,51	79	09/07/01	2	Nice
53	GATHONI Ann	KEN	9:41,40	98	06/07/15	4	Sotteville-lès-Rouen
54	NGURIA Regina Cherotich	KEN	9:41,69	84	20/08/12	6	Linz
55	CHEPKEMOI Joan	KEN	9:42,77	93	15/05/15	14	Doha
56	MUANGI Lucia Kamene	KEN	9:43,71	92	22/07/10	3	Moncton
57	RIONOROPO Jackline Chemwok	KEN	9:45,7	83	25/06/05	1	Nairobi
58	RUTTO Stella Jekosgei	KEN	9:46,00	96	11/07/15	5	Nairobi

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59	KIBOR Marion Jepkonga	KEN	9:46,29		94	11/07/15	6	Nairobi
60	KIMAIYO Nancy Chepngetich	KEN	9:47,4		84	20/06/15	1	Nairobi
61	MENDIL Widad	ALG	9:47,88		83	20/07/08	11	Heusden-Zolder
62	CHEKWEL Juliet	UGA	9:48,01		90	27/06/15	1	Watford
63	LAGHRISSE Maria	MAR	9:48,30		86	05/07/09	4	Sotteville-lès-Rouen
64	ASSAHSAH Malika	MAR	9:49,51		82	06/07/03	1	Rabat
65	CHERONO Jackline	KEN	9:50,10		98	11/07/15	7	Nairobi
66	AYELE Zewdneshe	ETH	9:50,42		93	19/07/14	11	Heusden-Zolder
67	GEBISA Tejinesh	ETH	9:50,51		95	12/07/12	2	Barcelona
68	KIMAIYO Irene	KEN	9:50,55		83	16/05/09	4	Carson
69	CHELANGAT Tabitha Chebusit	KEN	9:50,8		89	21/04/12	1	Mumias
70	<b>KEMBOI Gladys</b>	<b>KEN</b>	<b>9:50,9</b>		<b>94</b>	<b>07/05/16</b>	<b>1</b>	<b>Nairobi</b>
71	NDUNGU Ann	KEN	9:52,62		95	25/05/15	1	Rehlingen
72	<b>YAHYI Nawal</b>	<b>ALG</b>	<b>9:53,63</b>		<b>91</b>	<b>01/06/16</b>	<b>4</b>	<b>Montbéliard</b>
73	BENSALEH Amal	MAR	9:53,90		96	28/03/15	f	Bejaâd
74	MASEHLA Tebogo	RSA	9:54,19		79	04/06/11	2	Oordegem
75	CONRAD Nolene	RSA	9:54,42		85	26/05/12	3	Oordegem
76	<b>NAGA Asimarech</b>	<b>ETH</b>	<b>9:55,14</b>		<b>99</b>	<b>22/07/16</b>	<b>8</b>	<b>Bydgoszcz</b>
77	MURAGE Jane	KEN	9:56,2		87	21/06/13	5	Nairobi
78	CHEBOR Esther	KEN	9:56,54		81	27/06/05	5	Praha
79	CHEMUTAI Consolata	KEN	9:56,6		83	16/06/07	3	Nairobi
80	TSALE Tsehynesh	ETH	9:56,87		93	10/06/11	8	Torino
81	JEPKOSGEI Veronicah	KEN	9:58,49		93	10/06/11	10	Torino
82	WAGNER Angela	RSA	9:58,68		88	31/05/08	1r2	Northridge
83	MUTUA Mueni	KEN	9:58,7		88	16/06/07	4	Nairobi
84	CHEPKOK Jacqueline	KEN	9:59,6			04/06/11	2	Nairobi
85	KIPTARUS Dorcas Jepchirchir	KEN	10:01,6		90	18/06/08	4	Nairobi
86	KURGAT Lydia	KEN	10:01,75		76	06/08/03	1	Königs Wusterhausen
87	NGOLOSEI Veronica	KEN	10:01,98		93	26/06/10	5	Nairobi
88	CHIRCHIR Jacqueline	KEN	10:02,0		87	23/05/08	2	Nairobi
89	KIPROP Nancy	KEN	10:02,41		79	12/06/05	1	Gavà
90	BEKELE Asmerawork	ETH	10:02,67		91	01/06/12	5	Montbéliard
91	NOUJANI Nadia	MAR	10:02,68		81	11/06/12	6	Praha
92	FILMALTER Myrette	RSA	10:03,07		81	21/03/10	2	Durban
93	ONDIEKI Marceline	KEN	10:03,6		90	16/05/13	1	Nairobi
94	TIGABEA Marta	ETH	10:03,64		90	18/05/13	1	Valladolid
95	CHERUTO Linah	KEN	10:03,74		95	01/09/13	3	Bambous
96	CHEROP Cynthia	KEN	10:05,0		95	22/07/06	1	Nairobi
97	KERUBO Margaret	KEN	10:05,15		74	05/07/01	1	Reims
98	<b>BOUZAYANI Maryem</b>	<b>TUN</b>	<b>10:05,25</b>		<b>97</b>	<b>22/07/16</b>	<b>11</b>	<b>Bydgoszcz</b>
99	ACHOLA Janet	UGA	10:05,30		88	13/06/11	11	Praha
100	CHEPKWONY Caroline Jepchirchir	KEN	10:05,6		85	25/05/13	3	Nairobi