

**Africa W. all-time Top 100 end 2017**  
**10000**

1	AYANA Almaz	ETH	29:17,45	91	12/08/16	1	Rio de Janeiro
2	CHERUIYOT Vivian Jepkemoi	KEN	29:32,53	83	12/08/16	2	Rio de Janeiro
3	DIBABA Tirunesh	ETH	29:42,56	85	12/08/16	3	Rio de Janeiro
4	NAWOWUNA Alice Aprot	KEN	29:53,51	94	12/08/16	4	Rio de Janeiro
5	MELKAMU Meselech	ETH	29:53,80	85	14/06/09	1	Utrecht
6	DEFAR Meseret	ETH	29:59,20	83	11/07/09	1	Birmingham
7	ADERE Berhane	ETH	30:04,18	73	23/08/03	1	Paris Saint-Denis
8	KIDANE Werknesh	ETH	30:07,15	81	23/08/03	2	Paris Saint-Denis
9	SAINA Betsy	KEN	30:07,78	88	12/08/16	5	Rio de Janeiro
10	KIPLAGAT Florence Jebet	KEN	30:11,53	87	14/06/09	2	Utrecht
11	AYALEW Wude	ETH	30:11,87	87	14/06/09	3	Utrecht
12	TULU Derartu	ETH	30:17,49	72	30/09/00	1	Sydney
13	DIBABA Ejegayehu	ETH	30:18,39	82	28/06/05	2	Sollentuna
14	WAMI Getenesh	ETH	30:22,48	74	30/09/00	2	Sydney
15	KIPYEGO Sally Jepkosgei	KEN	30:26,37	85	03/08/12	2	London
16	MASAI Linet Chepkwemoi	KEN	30:26,50	89	15/08/08	4	Beijing
17	BURKA Gelete	ETH	30:26,66	86	12/08/16	8	Rio de Janeiro
18	OLJIRA Beleynesh	ETH	30:26,70	90	01/06/12	3	Eugene
19	KIPRONO Gladys Cheronro	KEN	30:29,23	83	27/06/13	2	Ostrava
20	MASAI Edith	KEN	30:30,26	67	06/08/05	5	Helsinki
21	LOROUPE Tegla	KEN	30:32,03	73	26/08/99	3	Sevilla
22	YESHANEH Ababel	ETH	30:35,91	90	27/06/13	4	Ostrava
23	GUDETA Netsanet	ETH	30:36,75	91	29/06/16	4	Hengelo
24	YALEW Genet	ETH	30:37,38	92	29/06/16	5	Hengelo
25	TUFA Mestawet	ETH	30:38,33	83	26/06/08	1	Nijmegen
26	WANGUI Lucy	KEN	30:39,96	83	15/08/08	7	Beijing
27	TEFERI Senbere	ETH	30:40,59	95	29/06/16	6	Hengelo
28	MUGE Emily Chebet	KEN	30:47,02	86	11/08/13	4	Moskva
29	KIBET Sylvia Jebiwott	KEN	30:47,20	84	14/06/09	4	Utrecht
30	KEBEDE Aberu	ETH	30:48,26	89	14/06/09	5	Utrecht
31	HAROYE Alemitu	ETH	30:50,83	95	17/06/15	2	Hengelo
32	MEYER Elana	RSA	30:52,51	66	10/09/94	1	London
33	BEKELE Tadelech	ETH	30:54,61	91	29/06/16	9	Hengelo
34	UTURA Sule	ETH	30:55,50	90	27/06/13	5	Ostrava
35	DASKA Mamitu	ETH	30:55,56	83	17/06/15	4	Hengelo
36	KWAMBAI Irene	KEN	30:55,67	78	17/06/05	2	Utrecht
37	CHERONO Priscah Jepleting	KEN	30:56,43	80	27/08/11	4	Daegu
38	DIDA Dera	ETH	30:56,48	96	10/06/17	4	Hengelo
39	MALOT Leah	KEN	30:57,70	72	05/08/00	2	Heusden-Zolder
40	ARUSEI Peninah	KEN	30:57,8	79	18/07/08	1	Steenwijk
41	HASHIM Merima	ETH	30:59,92	81	05/08/00	3	Heusden-Zolder
42	TIROP Agnes Jebet	KEN	31:03,50	95	05/08/17	3	London
43	WANJIKU Jane	KEN	31:04,34	79	25/04/04	1	Kobe
44	ALEMU Derebe	ETH	31:04,49	83	03/07/04	1	Uden
45	TUSA Rahma	ETH	31:05,14	93	10/06/17	5	Hengelo
46	KORIKWIANG Pauline Chemning	KEN	31:06,29	88	27/05/10	2	Ostrava
47	KIROS Aheza	ETH	31:06,93	85	12/06/08	5	Ostrava
48	WANJIRU Veronica Nyaruai	KEN	31:07,56	89	10/06/17	6	Hengelo
49	GODFAY Afera	ETH	31:08,23	91	27/06/13	2	Sollentuna
50	MOMANYI Grace Kwamboka	KEN	31:08,24	81	12/06/08	6	Ostrava
51	BEKELE Bezunesh	ETH	31:10,68	83	17/06/05	3	Utrecht
52	ERKASSO Teyiba	ETH	31:13,67	82	17/05/07	2	Utrecht
53	NGANGA Evelyn Wambui	KEN	31:14,08	86	26/09/08	1r2	Yamagata
54	GEBRESLASE Gotytom	ETH	31:14,52	95	29/06/16	10	Hengelo
55	BAROSIO Sally	KEN	31:15,38	78	21/08/93	3	Stuttgart
56	CHEPTAI Irene Chepet	KEN	31:15,38	92	01/05/16	1r1	Palo Alto
57	KIPTOO Jane	KEN	31:15,79	82	12/06/08	8	Ostrava
58	KIPKIRUI Caroline Chepkoech	KEN	31:16,38	94	01/05/16	2r1	Palo Alto

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59	KIMWEI Everline	KEN	31:16,50		87	21/10/06	1	Kobe
60	LEGHZAOUI Asmae	MAR	31:16,94		76	12/09/01	1	Tunis
61	ONGORI Philes Moora	KEN	31:18,85		86	30/09/06	2r2	Oita
62	KEBASO Winfridah	KEN	31:19,92		85	30/09/06	3r2	Oita
63	KIROS Tigist	ETH	31:20,38		92	31/05/11	4	Ostrava
64	KAPTICH Selly Chepyego	KEN	31:22,11		85	11/08/13	7	Moskva
65	TIMBILILI Alice Jemeli	KEN	31:23,99		83	18/06/04	1	Utrecht
66	CHEPKURUI Lineth	KEN	31:24,20		88	01/05/11	4r1	Palo Alto
67	KUMA Eyerusalem	ETH	31:25,46		81	18/06/04	2	Utrecht
68	CHEPKIRUI Joyce	KEN	31:26,10		88	10/12/11	1	Melbourne
69	CHEPNGENO Jackline	KEN	31:27,73		93	25/06/16	2	Durban
70	GELANA Tiki	ETH	31:27,80		87	12/06/08	9	Ostrava
71	KOSGEI Salina	KEN	31:27,83		76	30/07/02	1	Manchester
72	JEPKOSGEI Joyceline	KEN	31:28,28		93	25/06/16	3	Durban
73	NUKURI Diane	BDI	31:28,69		84	12/08/16	13	Rio de Janeiro
74	OCHICHI Isabella	KEN	31:29,43		79	12/08/06	2	Bambous
75	DEBEBE Zinash	ETH	31:29,71			10/06/17	8	Hengelo
76	CHEPCHUMBA Rose	KEN	31:29,81		79	17/06/05	4	Utrecht
77	CHANGEYWO Doris Chepkwemoi	KEN	31:31,01		84	12/06/08	10	Ostrava
78	JOSEPH Restituta	TAN	31:32,02		71	13/06/99	2	Villeneuve d'Ascq
79	CHEPKEMEI Susan	KEN	31:32,04		75	30/07/02	2	Manchester
80	DENBOBA Merima	ETH	31:32,63		74	13/06/99	3	Villeneuve d'Ascq
81	DIRIBA Buze	ETH	31:33,27		94	02/05/15	2r1	Palo Alto
82	KIDANE Etalemahu	ETH	31:33,49		83	26/06/07	2	Valkenswaard
83	KIPTAGELAI Gladys Chesire	KEN	31:36,87		93	16/09/15	2	Brazzaville
84	KERUBO Doricah Obare	KEN	31:37,07		90	25/04/10	3	Kobe
85	CHEKWEL Juliet	UGA	31:37,99		90	24/04/16	1	Rubiera
86	WORKU Ayelech	ETH	31:38,08		79	17/06/01	2	Villeneuve d'Ascq
87	WANGARI Mureithi Mary	KEN	31:38,81		78	03/05/05	1	Shizuoka
88	KIMAIYO Hellen	KEN	31:38,91		68	07/08/92	9	Barcelona
89	MURAGA Julia Mumbi	KEN	31:39,38		85	17/05/08	2	Kumagaya
90	CHELANGAT Mercyline	UGA	31:40,48		97	05/08/17	13	London
91	ASIAGO Delillah	KEN	31:40,56		72	16/06/91	1	Tokyo
92	CHEROMEI Lydia	KEN	31:41,09		77	27/06/92	2	Bellevue Mauricia
93	WANJIRU Rosemary Monica	KEN	31:41,23		94	20/05/17	1	Yuwa
94	CHEMTAI Esther	KEN	31:42,06		93	27/06/13	8	Ostrava
95	NYAKAGWA Caroline	KEN	31:42,25		86	01/06/12	7	Eugene
96	NYIRARUKUNDO Salome	RWA	31:45,82		97	25/06/16	4	Durban
97	KASIM Ashu	ETH	31:46,05		84	17/05/07	5	Utrecht
98	KAMULU Pauline Kaveke	KEN	31:47,13		94	20/05/17	2	Yuwa
99	MATANGA Failuna Abdi	TAN	31:47,37		92	10/06/17	9	Hengelo
100	TSEGA Muluhabt	ETH	31:48,21		89	27/06/13	10	Ostrava