

Top 50 - 4 perfs 10000m - 30/09/2017

1	DIBABA Tirunesh	ETH	29:42,56	29:54,66	30:15,67	30:20,75	2:00:13,64
			12/08/16	15/08/08	28/06/05	03/08/12	
2	RADCLIFFE Paula	GBR	30:01,09	30:17,15	30:26,97	30:27,13	2:01:12,34
			06/08/02	27/06/04	30/09/00	26/08/99	
3	KIDANE Werknesh	ETH	30:07,15	30:19,39	30:28,30	30:32,47	2:01:27,31
			23/08/03	29/05/05	27/08/04	06/08/05	
4	DIBABA Ejegayehu	ETH	30:18,39	30:24,98	30:26,00	30:43,39	2:01:52,76
			28/06/05	27/08/04	06/08/05	10/07/04	
5	CHERUIYOT Vivian Jepkemoi	KEN	29:32,53	30:30,44	30:48,98	31:07,02	2:01:58,97
			12/08/16	03/08/12	27/08/11	02/04/11	
6	KIPLAGAT Lornah	NED	30:12,53	30:31,92	30:37,26	30:40,27	2:02:01,98
			23/08/03	27/08/04	07/08/06	15/08/08	
7	SUN Yingjie	CHN	30:07,20	30:28,26	30:33,53	30:54,37	2:02:03,36
			23/08/03	08/10/02	06/08/05	27/08/04	
8	DEFAR Meseret	ETH	29:59,20	30:08,06	30:52,37	31:05,05	2:02:04,68
			11/07/09	27/06/13	15/08/09	13/07/11	
9	JUNXIA Wang	CHN	29:31,78	30:49,30	30:50,34	31:01,76	2:02:13,18
			08/09/93	21/08/93	15/10/94	07/05/96	
10	BOGOMALOVA Galina	RUS	30:26,20	30:33,75	30:35,90	30:46,48	2:02:22,33
			23/08/03	06/08/05	07/08/06	03/08/03	
11	XING Huina	CHN	30:24,36	30:27,18	30:31,55	31:00,73	2:02:23,82
			27/08/04	06/08/05	23/08/03	17/10/05	
12	KRISTIANSEN Ingrid	NOR	30:13,74	30:23,25	30:48,51	30:59,42	2:02:24,92
			05/07/86	30/08/86	01/07/89	27/07/85	
13	BURKA Gelete	ETH	30:26,66	30:28,47	30:40,87	30:49,68	2:02:25,68
			12/08/16	29/06/16	10/06/17	17/06/15	
14	OLJIRA Beleynesh	ETH	30:26,70	30:31,44	30:45,56	30:44,57	2:02:28,27
			01/06/12	27/06/13	03/08/12	10/06/17	
15	TULU Derartu	ETH	30:17,49	30:26,42	30:51,07	30:56,40	2:02:31,38
			30/09/00	27/08/04	10/07/04	12/08/00	
16	FLANAGAN Shalane	USA	30:22,22	30:34,49	30:39,57	30:59,97	2:02:36,25
			15/08/08	04/05/08	01/05/11	27/08/11	
17	ADERE Berhane	ETH	30:04,18	30:25,41	30:51,30	31:15,95	2:02:36,84
			23/08/03	06/08/05	05/08/00	30/05/03	
18	MELKAMU Meselech	ETH	29:53,80	30:51,34	30:56,55	31:04,52	2:02:46,21
			14/06/09	02/01/00	27/08/11	27/05/10	

Top 50 - 4 perfs 10000m - 30/09/2017

19	ABEYLEGESSE Elvan	TUR	29:56,34	30:21,67	31:10,23	31:25,15	2:02:53,39
			15/08/08	15/04/06	28/07/10	07/04/07	
20	NAWOWUNA Alice Aprot	KEN	29:53,51	30:26,94	31:11,86	31:24,18	2:02:56,49
			12/08/16	25/06/16	05/08/17	16/09/2015	
21	RIBEIRO Fernanda	POR	30:22,88	30:48,06	31:01,63	31:04,25	2:03:16,82
			30/09/00	04/04/98	02/08/96	10/09/94	
22	ABITOVA Inga	RUS	30:31,42	30:37,33	30:46,70	31:22,83	2:03:18,28
			07/08/06	15/08/08	17/07/08	28/07/10	
23	KIPYEGO Sally Jepkosgei	KEN	30:26,37	30:38,35	30:50,04	31:25,45	2:03:20,21
			03/08/12	01/05/11	27/08/11	04/05/08	
24	KONOVALOVA Mariya	RUS	30:31,03	30:35,84	30:59,35	31:26,94	2:03:33,16
			23/07/09	15/08/08	17/07/08	15/08/09	
25	AYALEW Wude	ETH	30:11,87	30:58,03	31:06,84	31:16,68	2:03:33,42
			14/06/09	17/06/15	12/06/08	27/06/13	
26	GRIGORYEVA Lidiya	RUS	30:32,72	30:57,83	31:01,15	31:04,62	2:03:36,32
			07/08/06	03/08/03	25/06/04	27/08/04	
27	MASAI Linet	KEN	30:26,50	30:53,59	31:02,89	31:14,98	2:03:37,96
			15/08/08	27/08/11	27/06/13	12/06/08	
28	ZHILYAYEVA Alla	RUS	30:23,07	30:57,14	31:07,58	31:14,27	2:03:42,06
			23/08/03	03/08/03	25/06/04	14/06/05	
29	WAMI Getenesh	ETH	30:22,48	30:24,56	31:06,65	31:49,98	2:03:43,67
			30/09/00	26/08/99	02/08/96	07/08/01	
30	FUKUSHI Kayoko	JPN	30:51,81	30:54,29	30:57,90	31:00,64	2:03:44,64
			08/10/02	01/05/11	30/09/06	26/07/06	
31	LOROUPE Tegla	KEN	30:32,03	30:37,26	31:17,66	31:20,53	2:03:47,48
			26/08/99	30/09/00	09/08/95	17/08/97	
32	HUDDLE Molly	USA	30:13,17	30:47,59	31:19,86	31:27,12	2:03:47,74
			12/08/16	04/05/14	22/06/17	04/05/08	
33	PROKOPCUKA Jelena	LAT	30:38,78	31:04,10	31:04,55	31:06,14	2:03:53,57
			07/08/06	27/08/04	06/08/05	23/08/03	
34	SAINA Betsy	KEN	30:07,78	30:57,30	31:15,97	31:37,22	2:03:58,27
			12/08/16	04/05/14	29/04/12	28/04/13	
35	SMITH Kim	NZL	30:35,54	30:51,00	31:20,63	31:21,00	2:04:08,17
			04/05/08	15/08/08	29/04/07	01/01/05	
36	WANGUI Lucy	KEN	30:39,96	31:05,90	31:06,20	31:22,37	2:04:14,43
			15/08/08	27/08/04	27/09/03	24/04/05	

Top 50 - 4 perfs 10000m - 30/09/2017

37	MASAI Edith	KEN	30:30,26	30:51,99	31:27,96	31:31,18	2:04:21,39
			06/08/05	17/06/05	12/08/06	21/07/07	
38	ZHONG Huandi	CHN	30:13,37	31:12,55	31:21,08	31:35,08	2:04:22,08
			08/09/93	21/08/93	07/08/92	30/08/91	
39	McCOLGAN Elizabeth	GBR	30:57,07	31:06,99	31:08,44	31:14,31	2:04:26,81
			25/06/91	02/07/88	30/09/88	30/08/91	
40	CAN Yasemin	TUR	30:26,41	31:12,86	31:18,20	31:30,58	2:04:28,05
			12/08/16	06/07/16	20/05/17	01/05/16	
41	NIIYA Hitomi	JPN	30:56,70	30:59,19	31:06,67	31:28,26	2:04:30,82
			11/08/13	03/08/12	07/06/13	22/04/12	
42	BONDARENKO Olga	RUS	30:57,21	31:05,21	31:13,78	31:18,38	2:04:34,58
			30/08/86	30/09/88	24/06/84	04/09/87	
43	MEYER Elana	RSA	30:52,51	31:11,75	31:14,70	31:23,96	2:04:42,92
			10/09/94	07/08/92	30/09/00	11/02/95	
44	O'SULLIVAN Sonia	IRL	30:47,59	30:53,37	31:29,33	31:33,19	2:04:43,48
			06/08/02	30/09/00	19/08/98	16/06/02	
45	SHIBUI Yoko	JPN	30:48,89	31:15,07	31:19,73	31:21,92	2:04:45,61
			03/05/02	27/06/08	27/04/08	17/05/08	
46	KASTOR Deena	USA	30:50,32	31:09,65	31:17,86	31:28,97	2:04:46,80
			03/05/02	16/07/04	23/08/03	19/06/03	
47	YALEW Genet	ETH	30:37,38	30:58,26	31:08,82	32:05,90	2:04:50,36
			29/06/16	13/05/16	17/06/15	31/05/11	
48	GOUCHER Kara	USA	30:55,16	31:16,65	31:17,12	31:26,48	2:04:55,41
			15/08/08	23/06/11	26/07/06	31/05/08	
49	KIBET Hilda	NED	30:51,92	30:58,48	31:29,69	31:36,90	2:04:56,99
			14/06/09	30/05/08	15/08/08	28/07/10	
50	WESSEL Kathrin	GER	31:03,62	31:11,34	31:20,62	31:26,79	2:05:02,37
			30/06/91	04/09/87	28/05/92	08/06/88	
51	PAVEY Joanne	GBR	30:53,20	31:12,80	31:26,94	31:32,22	2:05:05,16
			03/08/12	15/08/08	30/06/07	03/06/12	
52	KWAMBAI Irene	KEN	30:55,67	30:55,80	31:36,78	31:38,92	2:05:07,17
			17/06/05	06/08/05	21/07/07	12/06/08	
53	JOHNSON Benita	AUS	30:37,68	31:14,80	31:28,41	31:49,97	2:05:10,86
			23/08/03	26/07/06	02/05/03	27/02/04	
54	BOTEZAN Mihaela	ROU	31:11,24	31:13,96	31:19,74	31:28,72	2:05:13,66
			27/08/04	06/08/02	06/04/02	23/08/03	