








End 2016
National Lists Top 10_Women


5000 M (69 countries)

14:23,36	1	ETHIOPIA							
		DIBABA Tirunesh	14:11,15			85	06/06/08	1	Oslo
		AYANA Almaz	14:12,59			91	02/06/16	1	Roma
		DEFAR Meseret	14:12,88			83	22/07/08	1	Stockholm
		DIBABA Genzebe	14:15,41			91	04/07/15	1	Paris Saint-Denis
		EJIGU Sentayehu	14:28,39			85	16/07/10	2	Paris Saint-Denis
		ADERE Berhane	14:29,32			73	27/06/03	1	Oslo
		TEFERI Senbere	14:29,82			95	09/09/16	3	Bruxelles
		WAMI Getenesh	14:30,88			74	05/08/00	1	Heusden-Zolder
		BURKA Gelete	14:31,20			86	27/06/07	2	Ostrava
		MELKAMU Meselech	14:31,91			85	23/05/10	3	Shanghai
14:30,29	2	KENYA							
		CHERUIYOT Vivian Jepkemoi	14:20,87			83	29/07/11	1	Stockholm
		OBIRI Hellen Onsando	14:25,78			85	02/06/16	2	Bruxelles
		KIBIWOT Viola Jelagat	14:29,50			83	22/05/16	2	Rabat
		KIPYEGO Sally Jepkosgei	14:30,42			85	08/09/11	2	Zürich
		MASAI Linet Chepkwemoi	14:31,14			89	23/05/10	2	Shanghai
		KIBET Sylvia Jebiwott	14:31,91			84	23/05/10	4	Shanghai
		KIPYEGON Faith Chepngetich	14:31,95			94	30/05/15	2	Eugene
		WANGUI Lucy	14:33,49			83	06/06/08	2	Oslo
		MASAI Edith	14:33,84			67	02/06/06	3	Oslo
		CHERONO Mercy	14:33,95			91	02/06/16	2	Roma
14:42,52	3	RUSSIA							
		SHOBUKHOVA Liliya	14:23,75			77	19/07/08	1	Kazan
		YEGOROVA Olga	14:29,32			72	31/08/01	1	Berlin
		GALKINA Gulnara	14:33,13			78	19/07/08	2	Kazan
		KONOVALOVA Mariya	14:38,09			74	19/07/08	3	Kazan
		TOMASHOVA Tatyana	14:39,22			75	31/08/01	4	Berlin
		ZADOROZHNYAYA Yelena	14:40,47			77	24/06/01	1	Bremen
		ARTYOMOVA Natalya	14:54,08			63	09/09/85	1	Podolsk
		KLIMINA Viktoriya	14:55,55			76	19/07/08	5	Kazan
		BONDARENKO Olga	14:55,76			60	09/09/85	2	Podolsk
		NENASHEVA Viktoriya	14:55,82			70	08/07/96	1	Stockholm
14:50,05	4	UNITED STATES							
		ROWBURY Shannon	14:38,92			84	09/09/16	5	Bruxelles
		HUDDLE Molly	14:42,64			84	18/07/14	6	Monaco
		FLANAGAN Shalane	14:44,80			81	13/04/07	1r1	Walnut
		JACOBS Regina	14:45,35			63	21/07/00	1	Sacramento
		KASTOR Deena	14:51,62			73	01/08/00	9	Stockholm
		RHINES Jennifer	14:54,29			74	06/06/08	5	Oslo
		GOUCHER Kara	14:55,02			78	16/09/07	3	Berlin
		UHL Lisa	14:55,74			87	16/07/10	11	Paris Saint-Denis
		RUDOLPH Amy	14:56,04			73	08/07/96	2	Stockholm
		PETERS Annette	14:56,07			65	27/08/93	2	Berlin

14:54,06	5	GREAT BRITAIN & N.I						
		RADCLIFFE Paula	14:29,11			73	20/06/04	1 Bydgoszcz
		PAVEY Joanne	14:39,96			73	25/08/06	3 Bruxelles
		PIETERSE Zola	14:48,07			66	26/08/85	1 London
		TWELL Stephanie	14:54,08			89	27/08/10	11 Bruxelles
		MURRAY Yvonne	14:56,94			64	07/07/95	4 London
		McCOLGAN Elizabeth	14:59,56			64	22/07/95	3 Hechtel
		WYETH Alison	15:00,37			64	07/07/95	5 London
		BLEASDALE Julia	15:02,00			81	07/08/12	4h2 London
		McCOLGAN Eilish	15:05,00			90	09/09/16	13 Bruxelles
		BUTLER Kathy	15:05,51			73	03/09/04	5 Bruxelles

14:55,96	6	CHINA *						
		SUN Yingjie	14:40,41			77	12/10/02	1 Busan
		XING Huina	14:43,64			84	13/08/05	5 Helsinki
		JIANG Bo	14:45,90			77	24/10/95	1 Nanjing
		DONG Yanmei	14:51,58			77	23/11/01	1 Guangzhou
		WANG Junxia	14:51,87			73	05/05/96	1 Nanjing
		XUE Fei	15:02,73			89	31/10/07	1 Wuhan
		XIE Fang	15:03,95			89	31/10/07	2 Wuhan
		ZHANG Yingning	15:06,08			90	31/10/07	3 Wuhan
		YIN Lili	15:06,30			79	07/06/00	2 Jinzhou
		WANG Chunmei	15:07,16			76	14/07/98	5 Roma


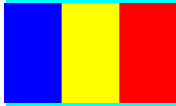


15:02,07	7	PORTUGAL						
		RIBEIRO Fernanda	14:36,45			69	22/07/95	1 Hechtel
		AUGUSTO Jessica	14:37,07			81	16/07/10	5 Paris Saint-Denis
		MOREIRA Sara	14:54,71			85	01/08/10	3 Barcelona
		MONTEIRO Inês	15:01,06			80	03/07/09	16 Oslo
		DÍAS Maria Albertina	15:05,12			65	31/07/93	2 Hechtel
		CUNHA Aurora	15:06,96			59	05/07/85	2 Helsinki
		BASTOS Marina	15:07,29			71	04/07/97	9 Oslo
		FELIX Ana Dulce	15:08,02			82	31/07/09	5 Stockholm
		ROSA Mónica	15:21,01			78	17/07/01	10 Stockholm
		MOTA Rosa	15:22,97			58	27/06/85	3 Oslo

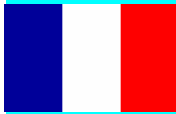



15:02,93	8	MOROCCO						
		OUAZIZ Zahra	14:32,08			69	01/09/98	2 Berlin
		SELSOULI Mariem Alaoui	14:36,52			84	13/07/07	1 Roma
		EL KAMCH Zhor	14:42,53			73	11/07/03	5 Roma
		LEGHZAOUI Asmae	14:48,31			76	01/09/00	4 Berlin
		ASSAHSAH Malika	15:11,83			82	31/07/04	10 Heusden-Zolder
		OUHADDOU Hanane	15:12,75			82	01/07/09	1 Pescara
		NOUJANI Nadia	15:16,50			81	27/05/12	7 Rabat
		CHAABI Bouchra	15:21,32			79	28/06/04	1 Praha
		MOUKIM Rkia	15:21,88			88	27/05/12	8 Rabat
		KANBOUCHIA Soud	15:25,57			82	19/07/08	4 Barcelona





* Without the Chinese performances in Sept.93 and Oct.97

Sans les performances chinoises de sep.93 et oct.97

Results in Beijing 93 and Shanghai 97, see end of list/Résultats à Pékin et Shanghai 97, voir en fin de liste

15:03,03	9	TURKEY							
		ABEYLEGESSE Elvan	14:24,68			82	11/06/04	1	Bergen
		BEKELE Alemitu	14:36,79			77	27/08/10	4	Bruxelles
		CAN Yasemin	14:37,61			96	02/06/16	6	Roma
		KAVAKLIOGLU Ebru	14:51,69			70	27/08/99	5	Sevilla
		DENGERSA Tezeta	15:05,85			80	31/07/04	2	Heusden-Zolder
		ERDOGAN Meryem	15:14,92			90	01/08/10	7	Barcelona
		AKDA Meryem	15:19,27			92	20/02/16	2	Istanbul (i)
		KARAKAYA Dudu	15:20,00			85	09/06/12	2	Istanbul
		BELYAKOVA Oksana	15:27,99			75	11/02/01	3	Dortmund (i)
		SUNA Fadime	15:31,47			86	21/05/11	1	Izmir
15:04,53	10	ROMANIA							
		SZABO Gabriela	14:31,48			75	01/09/98	1	Berlin
		ANTOCI-IAGAR Elena	15:00,6			75	11/05/08	1	Craiova
		PUICA Maricica	15:06,04			50	05/07/85	1	Helsinki
		OLTEANU Iulia	15:06,73			67	20/06/99	3	Paris
		VASILOIU Cristina	15:07,7			88	11/05/08	2	Craiova
		DONISA Daniela	15:08,1			88	11/05/08	3	Craiova
		BOTEZAN Mihaela	15:08,78			76	24/06/01	3	Bremen
		GHICAN Viorica	15:09,90			65	30/05/90	1	Sevilla
		FIDATOV Elena	15:12,58			60	12/08/95	10	Göteborg
		BIRCA Roxana Elisabeta	15:13,40			88	28/06/12	5	Helsinki
15:05,96	11	GERMANY							
		MIKITENKO Irina	14:42,03			72	07/09/99	3	Berlin
		da FONSECA-WÖLLHEIM Kristina	14:58,43			72	07/09/99	7	Berlin
		WESSEL Kathrin	14:58,71			67	10/09/91	1	Berlin
		MOCKENHAUPT Sabrina	14:59,88			80	20/05/09	1r1	Koblenz
		PIPPIG Uta	15:04,87			65	10/09/91	4	Berlin
		LOKAR Claudia	15:07,62			64	01/09/95	5	Berlin
		WASSILUK Petra	15:15,17			69	16/08/96	9	Köln
		KÖSTER Dorte	15:16,32			73	16/08/96	10	Köln
		KLOSTERHALFEN Konstanze	15:16,98			97	25/08/16	1	Bergisch-Gladbach
		TESKE Charlotte	15:19,54			49	26/06/82	2	Oslo
15:05,99	12	AUSTRALIA							
		JOHNSON Benita	14:47,60			79	06/09/02	3	Berlin
		WELLINGS Eloise	14:54,11			82	18/08/06	6	Zürich
		JAMIESON Sarah	15:02,90			75	24/03/06	5	Melbourne
		HILLS Madeline	15:04,05			87	19/08/16	10	Rio de Janeiro
		LaCAZE Genevieve	15:06,67			89	09/09/16	15	Bruxelles
		McCANN Kerryn	15:08,69			67	08/09/00	1	Brisbane
		RICHARDSON Kate	15:10,78			73	04/07/97	10	Oslo
		ARESON Jackie	15:12,09			88	06/07/13	9	Paris Saint-Denis
		FEARNLEY Clair	15:14,26			75	13/02/00	2	Sydney
		MORRIS Emily	15:18,80			78	31/05/04	9	Hengelo

15:06,75	13	FRANCE							
									
		MAURY Margaret	14:43,90			74	03/09/04	2	Bruxelles
		BELKACEM Yamna	14:47,79			74	01/08/00	6	Stockholm
		YVELAIN Fatima	14:58,18			69	07/09/99	6	Berlin
		LLADO Joalsiae	15:11,26			74	14/07/98	6	Roma
		GHEZIELLE Bouchra	15:12,17			79	14/07/06	15	Roma
		CALVIN Clémence	15:12,83			90	18/07/14	12	Monaco
		BITZNER Blandine	15:13,96			65	20/06/99	5	Paris
		DUARTE Sophie	15:14,57			81	06/07/13	10	Paris Saint-Denis
		FATES Farida	15:16,41			62	21/08/94	6	Köln
		SERGENT Annette	15:16,44			62	07/09/90	4	Athínai
15:07,71	14	JAPAN							
									
		FUKUSHI Kayoko	14:53,22			82	08/07/05	12	Roma
		HIROYAMA Harumi	15:03,67			68	05/08/98	5	Stockholm
		KOBAYASHI Yuriiko	15:07,37			88	05/04/08	1r2	Kumamoto
		SUZUKI Ayuko	15:08,29			91	30/08/15	9	Beijing
		SHIMIZU Michiko	15:09,05			70	28/07/96	4	Atlanta
		KINUKAWA Megumi	15:09,96			89	12/06/11	1	Kumagaya
		NIIYA Hitomi	15:10,20			88	07/08/12	10h2	London
		AKABA Yukiko	15:11,17			79	27/11/05	2r2	Yokohama
		HAYAKARI Minori	15:11,42			72	23/07/05	7	Heusden-Zolder
		OZAKI Mari	15:12,76			75	08/06/03	3	Yokohama
15:08,27	15	CANADA							
									
		BABCOCK Courtney	14:54,98			72	30/08/03	8	Saint-Denis
		MONDOR Émilie	14:59,68			81	26/08/03	7h1	Saint-Denis
		WILLIAMS Lynn	15:01,30			60	03/07/89	3	Stockholm
		O'CONNELL Jessica	15:06,44			89	02/05/15	4r1	Palo Alto
		CHALMERS Angela	15:09,35			63	29/02/96	1	Melbourne
		BUTLER Kathy	15:10,69			73	05/08/98	9	Stockholm
		WRIGHT Megan	15:11,23			82	19/08/08	8h2	Beijing
		ELMORE Malindi	15:12,12			80	13/04/07	3r1	Walnut
		SECCAFIEN Andrea	15:17,81			90	20/05/16	1	Las Angeles
		SIFUENTES Nicole	15:19,15			86	03/04/15	2r1	Palo Alto
15:09,16	16	SPAIN							
									
		VAQUERO Julia	14:44,95			70	05/07/96	3	Oslo
		CHECA Dolores	14:46,30			82	09/06/11	7	Oslo
		DOMINGUEZ Marta	14:48,33			75	26/08/03	4h1	Saint-Denis
		SANTIAGO Beatriz	15:11,01			68	14/07/01	5	Heusden-Zolder
		RECIO Teresa	15:12,06			63	05/08/00	4	Heusden-Zolder
		URRUTIA Estibaliz	15:19,68			70	01/07/98	2	Barakaldo
		PLÁ Judith	15:20,39			78	07/08/12	12h1	London
		PIEDRA Amaia	15:21,43			72	03/07/04	6	San Sebastián
		PETITE Cristina	15:23,23			72	14/07/01	11	Heusden-Zolder
		FERNÁNDEZ Nuria	15:24,17			76	03/06/16	3	Huelva

15:09,37	17	IRELAND							
		O'SULLIVAN Sonia	14:41,02			69	25/09/00	2	Sydney
		McKIERNAN Catherina	14:49,40			69	16/08/96	7	Köln
		McCAMBRIDGE Maria	15:05,86			75	31/07/04	3	Heusden-Zolder
		DAVENPORT Marie	15:09,07			75	29/05/04	4	Boston
		DENNEHY-WILLIS Breeda	15:12,83			70	05/08/00	5	Heusden-Zolder
		BRITTON Fionnuala	15:12,97			84	07/08/12	10h1	London
		RYAN Rosemary	15:17,57			75	05/08/00	7	Heusden-Zolder
		CULLEN Mary Teresa	15:18,34			82	07/02/09	3	Boston (i)
		ENGLISH Una	15:19,12			70	14/07/01	8	Heusden-Zolder
		JOYCE Monica	15:27,5			58	20/05/83	1	San Diego
15:09,59	18	ITALY							
		BRUNET Roberta	14:44,50			65	16/08/96	2	Köln
		GUIDA Maria	14:58,84			66	05/06/96	4	Roma
		WEISSTEINER Silvia	15:02,65			79	16/09/07	6	Berlin
		ROMAGNOLO Elena	15:06,38			82	07/08/12	9h2	London
		DANDOLO Nadia	15:11,64			62	18/07/90	1	Bologna
		BALSAMO Agata	15:14,70			70	07/09/99	11	Berlin
		EJJAFINI Nadia	15:16,54			77	28/06/12	6	Helsinki
		VICECONTE Maura	15:18,80			67	16/07/00	4	Gateshead
		SOMMAGGIO Silvia	15:20,89			69	10/08/95	8h2	Göteborg
		GARGANO Margherita	15:20,94			52	22/09/82	1	Partinico
15:13,42	19	NETHERLANDS							
		KIPLAGAT Lornah	14:56,43			74	05/08/03	3	Stockholm
		HASSAN Sifan	14:59,23			93	04/05/14	1r1	Palo Alto
		KUIJKEN Susan	15:00,69			86	19/08/16	8	Rio de Janeiro
		KOSTER Maureen	15:07,20			92	01/05/16	3r1	Palo Alto
		TOONSTRA Christien	15:07,68			66	18/07/92	1	Hechtel
		van HULST Eilly	15:17,08			59	25/08/89	2	Bruxelles
		KOENS Grete	15:20,91			67	25/02/96	4	Helsinki
		van de BILT Erika	15:23,27			71	05/08/00	10	Heusden-Zolder
		VASTENBURG Jip	15:27,30			94	11/06/14	3r1	Nijmegen
		HERZOG Adriëne	15:34,37			85	30/05/10	13	Hengelo
15:14,61	20	BAHRAIN							
		JAMAL Maryam Yusuf	14:51,68			84	29/05/05	2	Hengelo
		BELETE Mimi	14:54,71			88	18/07/15	1	Heusden
		ESHETE Shitaye	15:03,13			90	08/06/13	6	Hengelo
		DABA Tejitu	15:05,59			91	07/08/12	6h1	London
		GOSA Dalilah Abdelkadir	15:10,79			98	30/06/16	3	Barcelona
		JABER Mona Salem	15:19,43			83	16/07/08	3	Naimette-Xhovémont
		JASSEM Karima Saleh	15:20,01			88	26/11/10	4	Guangzhou
		EJJAFINI Nadia	15:22,39			80	28/05/06	9	Hengelo
		REBITU Bontu Edao	15:25,12			97	25/06/16	1	Bilbao
		MUTHEE Damaris	15:53,26			94	07/07/16	1	Kampala