

National Athletics Records _ Top 100, Women_Heptathlon / 31/10/2016

1	UNITED STATES (USA)	JOYNER-KERSEE Jackie	7291	62	24/09/88	1	Seoul
2	SWEDEN (SWE)	KLÜFT Carolina	7032	83	26/08/07	1	Osaka
3	RUSSIA (RUS)	TURCHINSKAYA Larisa	7007	65	11/06/89	1	Bryansk
4	GERMANY (GER)	BRAUN Sabine	6985	65	31/05/92	1	Götzis
5	GREAT BRITAIN & N.I (GBR)	ENNIS Jessica	6955	86	04/08/12	1	London
6	SYRIA (SYR)	SHOUAA Ghada	6942	73	26/05/96	1	Götzis
7	FRANCE (FRA)	BARBER Eunice	6889	74	05/06/03	1	Arles
8	UKRAINE (UKR)	BLONSKA Lyudmyla	6832	77	26/08/07	2	Osaka
9	BELGIUM (BEL)	THIAM Nafissatou	6810	94	13/08/16	1	Rio de Janeiro
10	CANADA (CAN)	THEISEN-EATON Brianne	6808	88	31/05/15	1	Götzis
11	CHINA (CHN)	MA Miaolan	6750	70	12/09/93	1	Beijing
12	AUSTRALIA (AUS)	FLEMMING Jane	6695	65	28/01/90	1	Auckland
13	BULGARIA (BUL)	PISHTIKOVA Svetla	6658	70	31/05/92	2	Götzis
14	BELARUS (BLR)	BURAGA Svetlana	6635	65	17/08/93	3	Stuttgart
15	NETHERLANDS (NED)	VETTER Anouk	6626	93	09/07/16	1	Amsterdam
16	LATVIA (LAT)	IKAUNIECE-ADMTOLINA Laura	6622	92	29/05/16	2	Götzis
17	ROMANIA (ROU)	ALEXANDRU Liliانا	6619	62	02/08/92	4	Barcelona
18	POLAND (POL)	NOWAK Malgorzata	6616	59	31/08/85	1	Kobe
19	LITHUANIA (LTU)	NAZAROVIENTE Remigija	6604	67	11/06/89	2	Bryansk
20	HUNGARY (HUN)	INÁNCSI Rita	6573	71	29/05/94	3	Götzis
21	JAMAICA (JAM)	GUTHRIE-GRESHAM Diane	6527	71	03/06/95	1	Knoxville
22	CUBA (CUB)	RODRIGUEZ Yorgelis	6481	95	13/08/16	7	Rio de Janeiro
23	CZECH REPUBLIC (CZE)	KLUČTIŇOVA Eliška	6460	88	15/06/14	1	Kladno
24	MOLDAVA (MDA)	RATSU Lyubov	6423	61	28/08/83	1	Kishinyov
25	GHANA (GHA)	SIMPSON Margaret	6423	81	29/05/05	4	Götzis
26	SIERRA LEONE (SLE)	BARBER Eunice	6416	74	15/09/96	2	Talence
27	AUSTRIA (AUT)	LADIC Ivona	6408	93	09/07/16	3	Amsterdam
28	FINLAND (FIN)	RUOTSALAINEN Satu	6404	66	27/08/91	4	Tokyo
29	ALGERIA (ALG)	AZZIZI-KETTAB Yasmina	6392	66	27/08/91	5	Tokyo
30	BARBADOS (BAR) *	JONES Akela	6307	95	14/04/16	1	Azusa
31	NEW ZEALAND (NZL)	HENRY Joanne	6278	71	01/03/92	1	Auckland
32	KAZAKHSTAN (KAZ)	DAVYDOVA Yelena	6272	67	14/07/87	2	Zagreb
33	COLOMBIA (COL)	AGUILAR Evelis	6270	93	26/06/16	1	Cali
34	SWITZERLAND (SUI)	SCHNEIDER Corinne	6265	62	16/06/85	1	Zug

35	GREECE (GRE)	STRATAKI Aryiró	6235	75	28/05/06	5	Götzis
36	PORTUGAL (POR)	GOMES Naide	6230	79	17/07/05	1	Logroño
37	NORWAY (NOR)	MARCUSSEN Ida	6226	87	26/08/07	11	Osaka
38	ESTONIA (EST)	ŠADEIKO Grit	6221	89	30/06/13	3	Tallinn
39	UZBEKISTAN (UZB)	VORONINA Yekaterina	6212	92	19/09/15	1	Tashkent
40	INDIA (IND)	SHOBHA Javur J.	6211	78	17/03/04	1	New Delhi
41	BRAZIL (BRA)	SPINOLA Vanessa	6188	90	01/07/16	1	São Bernardo do Campo
42	ITALY (ITA)	BACHER Gertrud	6185	71	09/05/99	1	Desenzano del Garda
43	SOUTH AFRICA (RSA)	JOSEPHS Janice	6181	82	22/03/06	5	Melbourne
44	NIGERIA (NGR)	OSAZUWA Uhunoma	6153	87	25/06/16	1	Durban
45	PUERTO RICO (PUR)	FELIX Alysbeth	6124	81	26/06/13	2	Cali
46	LIECHTENSTEIN (LIE)	MARXER Manuela	6093	65	29/05/94	12	Götzis
47	TURKEY (TUR)	ATROSHCHENKO-KYNET Anzhela	6076	70	04/06/00	13	Götzis
48	SAINT LUCIA (LCA)	ALCIDE Makeba	6060	90	07/06/13	2	Eugene
49	SLOVAK REPUBLIC (SVK)	PODRACKA Marcela	6046	70	09/08/94	11	Helsinki
50	ISRAEL (ISR)	GNEZDILOV Svetlana	6031	69	13/08/03	1	Tel Aviv
51	JAPAN (JPN)	NAKATA Yuki	5962	77	05/06/04	1	Tottori
52	TRINIDAD & TOBAGO (TTO)	MARK-BAIRD Marsha	5962	74	21/08/04	25	Athína
53	BURKINA FASO (BUR)	KOALA Marthe Yasmine	5952	94	25/06/16	2	Durban
54	ECUADOR (ECU)	VALLECILLA Nancy	5925	57	26/05/85	9	Götzis
55	THAILAND (THA)	WINATHO Wassana	5889	80	11/12/07	1	Nakhon Ratchasema
56	PARAGUAY (PAR)	PIRELLI Camila	5886	89	26/06/16	3	Cali
57	ICELAND (ISL)	THORSTEINSDÓTTIR Helga Margrét	5878	91	24/06/09	3	Kladno
58	SPAIN (ESP) =	PEINADO María	5860	77	14/07/02		Castellón
59	DOMINICAN REP. (DOM)	CASTILLO Juana	5860	84	28/05/06	1	Ponce
60	KIRZIGHISTAN (KGZ)	KNYAZEVA Natalya	5809	64	11/06/89	11	Bryansk
61	ARGENTINA (ARG)	COMASCHI Ana Maria	5795	66	18/07/92	2	Sevilla
62	CHINESE TAIPEI (TPE)	MA Chun-ping	5786	71	11/10/94	3	Hiroshima
63	MEXICO (MEX)	SAUCEDA Jessamyn	5786	89	25/07/15	8	Toronto
64	IVORY COAST (CIV)	KOUASSI Gabriella	5766	79	17/04/12	3	Bambous
65	BENIN (BEN)	AHOUANWANOU Odile	5751	91	13/06/15	7	Kladno
66	GUYANA (GUY)	FLETCHER Najuma	5750	74	02/06/94	3	Boise
67	SLOVENIA (SLO)	LOPATIC Vladka	5740	68	17/05/92	8	Brescia
68	HAITI (HAI)	JULES Vanessa	5723	91	23/05/15	4	Chula Vista
69	DENMARK (DEN)	KLEIN Dorthe B.	5722	60	28/08/83	1	Århus
70	SEYCHELLES (SEY)	LAPORTE Céline	5684	84	03/07/05	1	Saint-Cyr-sur-Loire
71	MACEDONIA (MKD)	MIHAJLOVA Marina	5676	62	24/09/87		Latakia
72	SAO TOME & PRINCIPE (STP)	GOMES Enezenaide	5671	79	20/08/00	4	Logroño

73	VENEZUELA (VEN)	RIVAS Thaimara	5622	82	21/06/03	1	Barquisimeto
74	SERBIA (SRB)	MIKHAILOVA Marina	5618	62	01/07/90	1	Ljubljana
75	CROATIA (CRO)	CVITANOVIĆ Lucija	5611	91	13/05/16	1	Orlando
76	LESOTHO (LES)	TSOAELI Selloane	5590	77	14/09/11	3	Maputo
77	TUNISIA (TUN)	CHROUDI Nada	5575	87	17/04/16	1	Rades
78	EGYPT (EGY)	ATEF Houda Mohamed	5555	95	25/06/16		Durban
79	ALBANIA (ALB)	QERAMIXHI Alma	5553	63	21/06/90		Tirana
80	IRELAND (IRL)	MORLAND Elizabeth	5545	98	27/05/16	1	Dublin
81	GEORGIA (GEO)	VERSHININA Olga	5483	64	16/05/83		Tbilisi
82	TURKMENISTAN (TKM)	FROLOVA Natalia	5476	66	11/06/88		Tartu
83	KOREA (SOUTH) (KOR)	HAN Sang-Won	5475	73	19/09/92	6	Seoul
84	IRAN (IRI)	TAVAKOLI Sepideh	5443	89	04/06/15	5	Wuhan
85	KENYA (KEN)	KOLA Caroline	5407	66	23/08/94		Victoria
86	BERMUDA (BER)	SMITH Shianne	5400	85	03/05/15		Aubagne
87	CHILE (CHI)	CASTILLO Carolina	5399	90	15/03/14		Santiago de Chile
88	INDONESIA (INA)	NOVA Emilia	5382	95	23/09/16		Bogor
89	BAHAMAS (BAH)	MAJOR Carmel	5368	65	06/06/87		Baton Rouge
90	CAMEROON (CMR)	NANA DJIMOU Antoinette	5360	85	26/07/03		Narbonne
91	TADJIKISTAN (TJK)	GRISHINA Yelena	5350	62	17/09/82		Frunze
92	VIETNAM (VIE)	NGUYEN Thi Thu Cuc	5350	81	30/11/05		Manila
93	PHILIPPINES (PHI)	MUROS-POSADAS Elma	5346	67	14/12/98		Bangkok
94	CYPRUS (CYP)	LAMBROU-TELONI Maria	5319	53	04/09/84		Nicosia
95	BOSNIA-HERZEGOVINA (BIH)	PEKMEZOVIC Mirsada	5312	57	19/09/81		Sarajevo
96	MOROCCO (MAR)	MESKAOUI Cherifa	5305		08/08/85		Casablanca
97	MAURITIUS (MRI)	DOMAINGUE Stéphanie	5241	80	24/06/01		Val-de-Reuil
98	PAPUA NEW GUINEA (PNG)	MONAGI Adriane	5192	95	27/05/16	8	Bradenton
99	GRENADA (GRN)	FELIX Colleen	5178	89	22/05/09		Hutchinson
100	MALAYSIA (MAS)	OTHMAN Zaiton	5175	59	11/12/81		Manila
=	SPAIN (ESP)	GINÉS Laura	5860	86	03/07/12	1	Barcelona
*	Not recognized as national record (200 W+3,2 / LJ W +3,3)						
	BARBADOS (BAR)	JONES Akela	6371	95	11/06/15	1	Eugene