

AM\_Sud and Cent. all-time Top 100 end 2016  
3000 st

1	MOURA Wander do Prado	BRA	8:14,41		69	22/03/95	1	Mar del Plata
2	do CARMO Clodoaldo Lopes	BRA	8:19,80		68	28/08/92	5	Bruxelles
3	PEÑA José	VEN	8:20,87		87	01/09/13	7	Berlin
4	BLANCO Marvin	VEN	8:21,78		88	12/06/14	5	Huelva
5	VERA Ricardo	URU	8:23,02		62	28/06/92	3	Hengelo
6	DOMINGUES Adauto	BRA	8:23,26		61	12/08/87	1	Indianapolis
7	CASCABELO Marcello	ARG	8:25,63		64	04/06/89	3	Beograd
8	MIRANDA José Salvador	MEX	8:25,69		71	08/07/00	5	Barakaldo
9	SÁNCHEZ José Alberto	CUB	8:26,16		86	19/06/09	1	La Habana
10	da SILVA Altobelli	BRA	8:26,30		90	17/08/16	9	Rio de Janeiro
11	NIEVES Nestor	VEN	8:27,36		74	02/09/00	6	Barcelona
12	CONDE Juan Ramon	CUB	8:27,55		65	05/07/91	1	La Habana
13	GREAUX Alexander	PUR	8:27,91		77	10/07/04	2	Barakaldo
14	GIRALDO Gerard	COL	8:28,6		89	29/11/13	2	Trujillo
15	BAZÁN Mario	PER	8:28,67		87	16/08/09	8h1	Berlin
16	RIOS Carmelo	PUR	8:28,89		59	17/06/83	9h	Indianapolis
17	CASTILLO Gustavo	MEX	8:28,91		70	05/06/93	8	Eugene
18	ULLOA Emilio	CHI	8:28,99		54	08/08/84	8s2	Los Angeles
19	do NASCIMENTO Edoardo	BRA	8:30,31		72	05/06/95	10	Hengelo
20	RAVANI Carlos Alexandre	BRA	8:30,7		65	13/07/91	2	Cubatão
21	de SOUZA Hudson	BRA	8:30,70		77	22/08/06	9	Linz
22	CONDE Juan Antônio	CUB	8:30,86		65	20/06/89	1	Grudziadz
23	VALENZUELA Jaime	CHI	8:31,2		66	23/10/94	1	Conception
24	GARCIA Ruben	MEX	8:31,68		70	22/06/95	3	Pontevedra
25	MALGOR Leonardo	ARG	8:32,42		69	22/03/95	4	Mar del Plata
26	COBO José	CUB	8:32,9		51	21/06/77	2	Praha
27	ARIAS Hector	MEX	8:32,9		71	20/04/96	2	Walnut
28	RODRIGUEZ Angel E.	CUB	8:33,37		67	28/02/87	1	Santiago de Cuba
29	MARTINEZ SILVA German	MEX	8:33,52		68	29/06/89	2	Poznań
30	CAMARGO Andrés	COL	8:33,87		86	15/04/16	3	Norwalk
31	LINARES Juan Jesus	CUB	8:33,97		62	28/02/87	2	Santiago de Cuba
32	IBARRA Luis Enrique	MEX	8:34,55		80	17/05/13	8	Los Angeles
33	LADERA Felix	VEN	8:35,11		72	24/04/97	2r1	Philadelphia
34	SERRANO Guillermo	MEX	8:35,64		60	23/05/84	2	Ostrava
35	BARBOSA Gladson	BRA	8:35,77		79	31/05/08	10	Neerpelt
36	da SILVA José Romão	BRA	8:35,8		48	02/08/75	3	San Sebastián
37	FERNANDES Fernando Alex	BRA	8:35,92		83	07/08/04	3	Huelva
38	TORRES Daniel	MEX	8:36,5		75	16/04/99	2r2	Walnut
39	MASTROMARINO Mariano	ARG	8:36,75		82	02/06/12	1	Buenos Aires
40	VILLANUEVA Antonio	MEX	8:37,0		40	16/06/73	4	Bakersfield
41	Das NEVES Daniel Bernardo	BRA	8:37,75		72	26/06/93	3	Rio de Janeiro
42	LOBOS Sergio	CHI	8:37,83		82	09/06/07	1	Sao Paulo
43	ESTREMERÁ Ricardo	PUR	8:37,92		86	01/05/16	3r4	Palo Alto
44	FIGAGNA Celso	BRA	8:38,05		75	02/06/07	9	Neerpelt
45	SCHULER Adelar José	BRA	8:38,10		72	20/05/00	4	Rio de Janeiro
46	da SILVA Jaciel	BRA	8:38,2		73	19/05/96	1	Americana
47	COLMENARES Rafael	VEN	8:38,37		61	14/03/86	1	Houston
48	VALDIVIA Mauricio	CHI	8:39,02		89	06/06/14	4	Montbéliard
49	AMAYA Oscar	ARG	8:39,1		67	10/05/92		Montevideo
50	DELGADO Emigdio	VEN	8:39,1		75	16/04/99	5r2	Walnut
51	VELEZ Adalberto	MEX	8:40,01		65	21/05/92	4	La Habana
52	HIERREZUELO Sixto	CUB	8:40,1		49	06/09/75	2	La Habana
53	ARBE Joaquin Emanuel	ARG	8:40,21		90	14/05/16	2	Rio de Janeiro
54	FIGUEROA Santiago Nicolás	ARG	8:40,78		84	20/03/10	1	Mar del Plata
55	GUIMARÃES Agberto Conceição	BRA	8:40,97		57	06/06/87		Eugene
56	CALZADO Osmany	CUB	8:41,5		88	19/06/08	2	Santa Clara
57	VETTORI Emerson	BRA	8:41,55		73	20/09/92		Seoul
58	AMAISON Domingo	ARG	8:41,8		34	17/08/68	3	La Coruña

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59	FRANCO Mauricio	COL	8:41,9	89	29/11/13	3	Trujillo
60	RIBAS Leonardo Rossato	BRA	8:42,02	67	30/10/94		Mar del Plata
61	ORTA Luis Alberto	VEN	8:42,22	89	24/05/13	3h1	Greensboro
62	VILLANUEVA Hector	MEX	8:42,40	45	15/06/72	4h	Seattle
63	de LIMA José Eraldo	BRA	8:42,45	81	14/07/06	3	Rio de Janeiro
64	YAÑEZ Enzo	CHI	8:42,9	85	29/04/11	1	Concepción
65	BERGOLLA Romelio	CUB	8:43,0	70	07/06/97		Sancti Spiritu
66	GONZALEZ Josafath	MEX	8:43,08	86	14/07/07	2	San Salvador
67	QUINTANA Javier	MEX	8:43,17	91	04/05/14	5	Stanford
68	TELLO Roberto	CHI	8:43,21	92	10/04/16	1	Santiago de Chile
69	da SILVA Adhemar	BRA	8:43,28	77	05/08/00	2	Rio de Janeiro
70	MACHADO Jean Carlos	BRA	8:43,60	90	07/06/13	2	São Paulo
71	MARTOS Diostado	CUB	8:43,71	63	19/02/88	2	La Habana
72	CÁCERES Pedro Angel	ARG	8:43,79	58	18/04/84	2	Beaumont
73	SCHLEDER Eloi Rodrigues	BRA	8:43,86	51	10/06/81		Firenze
74	VÁZQUEZ Mauricio Fabián	MEX	8:44,0	66	22/04/90		Walnut
75	de SANTANA Andre	BRA	8:44,20	80	11/05/11	4	Fortaleza
76	SALINAS Alejandro	MEX	8:44,3		19/04/96		Walnut
77	MENDOZA Rigoberto	CUB	8:44,4	46	14/06/72	6	Budapest
78	JUAREZ Marco Antonio	MEX	8:44,47		1999	1	Coima
79	PALMA Luis	CHI	8:45,1	59	21/10/84		Valparaiso
80	IGLESIAS Ismael	CUB	8:45,13	75	06/06/98	1	Sancti Spiritus
81	MORA Raúl	CHI	8:45,22	78	21/10/03		Valparaiso
82	de SANTANA Wilson	BRA	8:45,32	58	09/06/85		São Paulo
83	MONTALVO Israel	CUB	8:45,37	64	10/05/91	3	Habana
84	NAPUT Carlos Alberto	ARG	8:45,7	65	05/05/91	2	Santa Fe
85	PESTANA Jose	CUB	8:45,80	68	11/06/88	1	Habana
86	GIRALDO Julian	COL	8:45,99	62	28/10/84		Santiago de Chile
87	CABANILLAS Demetrio	MEX	8:46,0	54	29/10/78		Santiago de Chile
88	PEREIRA Luiz	BRA	8:46,2	68	13/07/91		Cubatão
89	GARCIA Hugo-Allan	GUA	8:46,45		02/09/85		Kobe
90	SILVA Francisco	MEX	8:46,64	58	22/07/81		Bukarest
91	CAMPOS Jose	MEX	8:46,82	82	08/06/05	10h1	Sacramento
92	SALAZAR Mario	MEX	8:46,84	70	01/06/94		Pt. Albern
93	BARRIOS Arturo	MEX	8:46,9		24/06/83		Veracruz
94	MORA Victor	COL	8:47,0	44	01/09/73		Kassel
95	MARTINEZ Jose Raul	VEN	8:47,34	62	17/06/86		La Habana
96	CARABALLO Yoandri	CUB	8:47,5	79	06/04/05	1	Sta. Clara
97	ANGULO Jesús	VEN	8:47,59	79	24/07/04	2	San Felipe
98	PRATES Leandro	BRA	8:47,60	82	21/06/14	2	Porto Alegre
99	BAÑALES Jose Rafael	MEX	8:47,63	89	23/03/14	1	Monterrey
100	SANCHEZ Romualdo	MEX	8:47,7	70	19/04/02	1	Walnut
101	DE BASTOS Juan Carlos	ARG	8:47,78	79	04/05/01	1r1	Stanford
102	RAMIREZ Bismark	CUB	8:47,84	76	23/05/02	1	Habana
103	CASTILLO Abel	MEX	8:48,10	71	20/04/96		Walnut
104	DURAN Alexander	VEN	8:48,14	78	24/02/01		San German
105	RODRIGUEZ Yosvani	CUB	8:48,19	92	17/06/11	2	Habana
106	GONZALEZ Yunier	CUB	8:48,45	78	03/07/06	7	Nörrtälje
107	LANDA Daniel	MEX	8:48,50		11/07/81		Santo Domingo
108	GÓMEZ Francisco	CRC	8:48,59	75	25/04/04	2	La Havane
109	ESTREMERÁ Ricardo	PUR	8:48,72	86	16/06/09	8h1	Fayetteville
110	SANTIAGO César	PUR	8:48,8		23/07/83		La Habana