

Africa all-time Top 100 end 2016

400H

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|----|--------------------------|-----|-------|---|----|----------|------|-------------------|
| 1 | MATETE Samuel | ZAM | 47.10 | | 68 | 07/08/91 | 1r1 | Zürich |
| 2 | DIA BA Amadou | SEN | 47.23 | | 58 | 25/09/88 | 2 | Seoul |
| 3 | van ZYL Louis J. | RSA | 47.66 | A | 85 | 25/02/11 | 1 | Pretoria |
| 4 | TUMUTI Boniface Mucheru | KEN | 47.78 | | 92 | 18/08/16 | 2 | Rio de Janeiro |
| 5 | BETT Nicholas Kiplagat | KEN | 47.79 | | 90 | 25/08/15 | 1 | Beijing |
| 6 | HERBERT Llewellyn | RSA | 47.81 | | 77 | 27/09/00 | 3 | Sydney |
| 7 | AKII-BUA John | UGA | 47.82 | | 49 | 02/09/72 | 1 | München |
| 8 | CILLIERS Ockert | RSA | 48.02 | A | 81 | 20/02/04 | 1r1 | Pretoria |
| 9 | HARNDEN Ken | ZIM | 48.05 | | 73 | 29/07/98 | 1 | Paris |
| 10 | MYBURGH Alwyn | RSA | 48.09 | | 80 | 31/08/01 | 1 | Beijing |
| 11 | FREDERICKS Cornel | RSA | 48.14 | | 90 | 10/04/11 | 2 | Durban |
| 12 | KETER Erick | KEN | 48.24 | | 66 | 17/08/93 | 2s2 | Stuttgart |
| 13 | FAYE Ibou | SEN | 48.30 | A | 69 | 17/09/99 | 1 | Johannesburg |
| 14 | VORSTER Dries | RSA | 48.46 | A | 62 | 11/04/89 | 1 | Pretoria |
| 15 | de VILLIERS Pieter | RSA | 48.46 | | 82 | 05/07/05 | 2r1 | Lausanne |
| 16 | KOECH Haron | KEN | 48.49 | | 90 | 16/08/16 | 2sf3 | Rio de Janeiro |
| 17 | AMIKE Henry | NGR | 48.50 | | 61 | 31/08/87 | 4s1 | Roma |
| 18 | KASSE HANN Mamadou | SEN | 48.50 | | 86 | 19/07/13 | 4 | Monaco |
| 19 | LAHOULOU Abdelmalik | ALG | 48.62 | | 92 | 15/08/16 | 1h | Rio de Janeiro |
| 20 | MORTON Amaechi | NGR | 48.79 | | 89 | 08/06/12 | 1 | Des Moines |
| 21 | PIENAAR Hannes | RSA | 48.81 | A | 60 | 15/02/86 | 1 | Pretoria |
| 22 | YEGO Gideon | KEN | 48.7 | A | 60 | 13/08/88 | 1 | Nairobi |
| 23 | KINYOR Barnabas | KEN | 48.7 | | 61 | 03/07/93 | 1 | Nairobi |
| 24 | UKAOMA Miles | NGR | 48.84 | | 92 | 31/07/15 | 1 | Warri |
| 25 | KRITZINGER Marnus | RSA | 48.92 | | 82 | 11/04/03 | 2 | Durban |
| 26 | DJEDJEMEL R. Meledje | CIV | 48.94 | | 58 | 13/08/86 | 4 | Zürich |
| 27 | SDAD Mustapha | MAR | 48.96 | | 70 | 07/08/01 | 2h2 | Edmonton |
| 28 | WILLEMSE Martin | RSA | 48.96 | | 75 | 31/08/01 | 5 | Beijing |
| 29 | OCHAKO Shem | KEN | 48.97 | A | 64 | 09/08/87 | 2 | Nairobi |
| 30 | BOTHA Hennie | RSA | 49.02 | A | 75 | 14/02/00 | 1r1 | Potchefstroom |
| 31 | COUTO Kurt | MOZ | 49.02 | | 85 | 11/06/12 | 1r1 | Praha |
| 32 | HANEKOM Lindsay | RSA | 49.03 | A | 93 | 06/05/16 | 1h2 | Bloemfontein |
| 33 | KITUR Simon | KEN | 48.9 | A | 59 | 13/08/88 | 2 | Nairobi |
| 34 | KOEKEMOER Pieter | RSA | 49.04 | | 82 | 31/03/07 | 2 | Durban |
| 35 | SMITH Willie | NAM | 49.05 | A | 77 | 16/03/01 | 3r1 | Roodepoort |
| 36 | MAÏGA Ibrahim | MLI | 49.13 | | 79 | 28/04/07 | 3 | Dakar |
| 37 | POTGIETER Gerhardus | RSA | 49.0 | A | 37 | 16/04/60 | 1 | Bloemfontein |
| 38 | KOSKEI William | KEN | 49.0 | A | 48 | 27/05/72 | 1 | Nairobi |
| 39 | BENEKE PC | RSA | 49.18 | | 90 | 13/04/13 | 2 | Stellenbosch |
| 40 | BIWOTT Gideon | KEN | 49.19 | A | 66 | 16/09/95 | 2 | Harare |
| 41 | OKORIE Victor | NGR | 49.19 | | 81 | 12/06/03 | 3s2 | Sacramento |
| 42 | KIMAIYO Daniel | KEN | 49.20 | | 48 | 08/08/78 | 1s1 | Edmonton |
| 43 | SGHAIER Mohamed | TUN | 49.22 | | 88 | 05/07/15 | 1r1 | La Chaux-de-Fonds |
| 44 | KOSGEI Kiprono | KEN | 49.22 | A | 85 | 01/07/16 | 2 | Eldoret |
| 45 | RAHMOUNI Miloud | ALG | 49.24 | | 83 | 02/08/15 | 2 | El-Djezair |
| 46 | HAMMAN Le Roux | RSA | 49.24 | A | 92 | 11/06/16 | 1 | Pretoria |
| 47 | le ROUX Wouter | RSA | 49.25 | A | 86 | 04/02/05 | 3r1 | Potchefstroom |
| 48 | KOTZE Hennie | RSA | 49.26 | A | 60 | 29/03/83 | 1 | Germiston |
| 49 | ANDRADE Jordin | CPV | 49.26 | | 92 | 11/06/16 | 4 | Kingston |
| 50 | MARITIM Joseph | KEN | 49.33 | A | 68 | 09/08/87 | 4 | Nairobi |
| 51 | BUNGEI Julius | KEN | 49.34 | | 84 | 21/07/07 | 4 | El-Djezair |
| 52 | KOSGEI Vincent Kiplangat | KEN | 49.36 | | 85 | 10/10/10 | 4 | New Delhi |
| 53 | MARITIM Hillary | KEN | 49.37 | A | 73 | 17/09/99 | 4 | Johannesburg |
| 54 | OTONO Dennis | NGR | 49.39 | | 58 | 12/05/79 | 1h1 | Tuscaloosa |
| 55 | PIETERSE Ferrins | RSA | 49.41 | | 67 | 20/04/96 | 2 | Cape Town |
| 56 | N'DIAYE Amadou | SEN | 49.41 | | 92 | 24/06/16 | 2 | Durban |
| 57 | BOUKAMOUCHE Saber | ALG | 49.43 | | 92 | 02/08/15 | 3 | El-Djezair |
| 58 | MUTUNGA William Mbevi | KEN | 49.43 | | 93 | 16/09/15 | 4 | Brazzaville |

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|-----|-------------------------|-----|-------|---|----|----------|-----|---------------------------|
| 59 | OMODIALE Sylvester | NGR | 49.44 | | 77 | 27/08/00 | 1 | L'Hospitalet de Llobregat |
| 60 | DIEME Jean-Dominique | SEN | 49.48 | | 69 | 11/06/00 | 1 | Dakar |
| 61 | OGIDI Daniel | NGR | 49.51 | | 63 | 08/08/83 | 5s2 | Helsinki |
| 62 | MALAN Francois | RSA | 49.51 | A | 81 | 11/02/05 | 4 | Bloemfontein |
| 63 | KHAYATTI Fathel | TUN | 49.52 | | 65 | 12/07/94 | 1 | Evry Bondoufle |
| 64 | JONKER Johan | RSA | 49.53 | A | 70 | 20/04/91 | 2 | Pretoria |
| 65 | RAKOTOARIMIANDRY Yvon | MAD | 49.53 | | 76 | 23/07/01 | 2 | Ottawa |
| 66 | WRIGHT O'Neil | LBR | 49.55 | | 80 | 14/05/05 | 2r1 | Atlanta |
| 67 | ALADEFA Kehinde | NGR | 49.60 | | 74 | 29/07/96 | 5h1 | Atlanta |
| 68 | KIMAIYO Fatwell | KEN | 49.63 | | 47 | 29/01/74 | 4 | Christchurch |
| 69 | HARNDEN Iain | ZIM | 49.68 | | 76 | 13/05/00 | 2 | Tallahassee |
| 70 | MULLI Wilfred | KEN | 49.69 | | 54 | 07/06/80 | 2 | Austin |
| 71 | TOERIEN Mario | RSA | 49.69 | A | 72 | 14/04/96 | 3 | Johannesburg |
| 72 | GHANEM Ahmed Abdelhalim | EGY | 49.74 | | 59 | 12/08/85 | 1 | Al-Qâhirah |
| 73 | YATOR Lawrence | KEN | 49.6 | A | | 13/06/92 | 1 | Nairobi |
| 74 | SANG Rere | KEN | 49.75 | A | 72 | 23/07/94 | 3 | Nairobi |
| 75 | RWAMUHANDA Peter | UGA | 49.78 | | 53 | 22/07/78 | 1h2 | El-Djezaïr |
| 76 | ENYIAZU Kenneth | NGR | 49.80 | | 74 | 27/08/97 | 1h1 | Catania |
| 77 | MBAYE Hamidou | SEN | 49.83 | | 64 | 04/07/96 | 1 | Paris |
| 78 | HAMMADI Abderahmane | ALG | 49.84 | A | 84 | 02/05/08 | 2 | Addis Ababa |
| 79 | MASVANHISE Julius | ZIM | 49.86 | A | 66 | 16/09/95 | 3 | Harare |
| 80 | MBOW El Hadji Sethe | SEN | 49.86 | | 85 | 25/05/13 | 2 | Pueblo |
| 81 | van NIEKERK Rudolf | RSA | 49.89 | A | 60 | 23/04/83 | 1 | Sasolburg |
| 82 | RAKOTOMBELONTSOA Hubert | MAD | 49.89 | A | 68 | 28/09/96 | 2 | Antananarivo |
| 83 | KECHI Heni | TUN | 49.89 | | 80 | 28/07/02 | 1 | Angers |
| 84 | EGBEREASE Martins | NGR | 49.90 | | 59 | 07/09/90 | 1 | Lagos |
| 85 | SMITH Alan | RSA | 49.92 | A | 50 | 26/03/76 | 1 | Johannesburg |
| 86 | MUNYORO Meshak | KEN | 49.93 | | 58 | 26/07/83 | 3 | München |
| 87 | HASHAN Gilbert | MRI | 49.94 | | 70 | 29/07/96 | 7h1 | Atlanta |
| 88 | SELMI Nabil | ALG | 49.8 | | 72 | 27/06/97 | 1 | El-Djezaïr |
| 89 | BURGER Kobus | RSA | 49.95 | | 62 | 07/12/85 | 1 | Stellenbosch |
| 90 | ROBERTS Grant | RSA | 49.96 | A | 71 | 03/04/95 | 1 | Pietersburg |
| 91 | STEYNBERG Johan | RSA | 49.98 | A | 72 | 07/05/94 | 2 | Secunda |
| 92 | KIILU Vincent Mumo | KEN | 49.99 | A | 82 | 12/07/03 | 1 | Nairobi |
| 93 | COERTZE Francois | RSA | 50.00 | A | 79 | 17/04/99 | 3 | Bloemfontein |
| 94 | PRETORIUS Constant | RSA | 50.00 | | 94 | 15/04/16 | 3 | Stellenbosch |
| 95 | BIWOTT Sammy | KEN | 50.01 | | 74 | 01/06/94 | 2 | Granada |
| 96 | MAKAU Charles | KEN | 50.01 | A | 71 | 18/06/94 | 3 | Nairobi |
| 97 | OKORIE Henry | NGR | 50.01 | | 87 | 16/09/15 | 7 | Brazzaville |
| 98 | SILEI Cosmas | KEN | 50.02 | | 48 | 29/01/74 | 5 | Christchurch |
| 99 | PIENAAR Jaco | RSA | 50.02 | A | 58 | 12/03/84 | 2 | Pretoria |
| 100 | ALOWONLE Rilwan | NGR | 50.02 | | 93 | 16/05/15 | 4 | Tallahassee |
| 101 | MYBURGH Hugo | RSA | 50.04 | A | 51 | 23/04/74 | 1 | Johannesburg |
| 102 | du RAND Cornelius | RSA | 50.04 | A | 72 | 23/01/90 | 2 | Potchefstroom |
| 103 | LAHLALI Abdelhak | MAR | 50.04 | | 71 | 18/06/93 | 2h2 | Narbonne |
| 104 | NGETICH Christopher | KEN | 50.04 | A | 92 | 15/06/12 | 2 | Nairobi |