

## Africa all-time Top 100 end 2016

400

1	van NIEKERK Wayde	RSA	43.03		92	14/08/16	1	Rio de Janeiro
2	MAKWALA Isaac	BOT	43.72		86	05/07/15	1r1	La Chaux-de-Fonds
3	KIKAYA Gary	COD	44.10		80	09/09/06	2	Stuttgart
4	EGBUNIKE Innocent	NGR	44.17		61	19/08/87	1r1	Zürich
5	KITUR Samson	KEN	44.18		66	03/08/92	2s2	Barcelona
6	GITONGA Charles	KEN	44.20	A	71	29/06/96	1	Nairobi
7	THEBE Babolok	BOT	44.22	A	97	21/05/16	1	Gaborone
8	SIBANDA Karabo	BOT	44.25		98	14/08/16	5	Rio de Janeiro
9	TIACOH Gabriel	CIV	44.30		63	07/06/86	1	Indianapolis
10	KAMOGA Davis	UGA	44.37		68	05/08/97	2	Athína
11	SAMBU Ezra	KEN	44.43	A	78	26/07/03	1	Nairobi
12	BANDA Lewis	ZIM	44.58		82	15/05/04	1	Tucson
13	MALHERBE Arnaud	RSA	44.59	A	72	19/03/99	2	Roodepoort
14	MOKGANYETSI Hendrik	RSA	44.59		75	09/09/00	2	Yokohama
15	BADA Sunday	NGR	44.63		69	16/08/93	3s2	Stuttgart
16	OCHIENG Kennedy	KEN	44.5	A	71	03/07/93	1	Nairobi
17	CHUKWU Clément	NGR	44.65		73	20/08/98	1	Dakar
18	la GRANGE Marcus	RSA	44.65	A	77	12/04/02	1r1	Pretoria
19	MILAZAR Eric	MRI	44.69		75	07/07/01	2	Madrid
20	KITUR David	KEN	44.73		62	01/09/87	3s2	Roma
21	van OUDTSHOORN Jopie	RSA	44.75	A	76	07/04/99	1	Germiston
22	KISHOYIAN Alphas Leken	KEN	44.75		94	11/07/15	1	Nairobi
23	EL-KASHIEF Hassan	SUD	44.76	A	56	03/06/82	1h4	Provo
24	UTI Sunday	NGR	44.83		62	06/08/84	2s2	Los Angeles
25	MONYE Jude	NGR	44.83		73	11/05/96	2	Kingston
26	KEMBOI Simon	KEN	44.7	A	67	03/07/93	2	Nairobi
27	van ZYL L.J.	RSA	44.86		85	26/03/11	1r3	Germiston
28	MATETE Samuel	ZAM	44.88		68	06/09/91	1	Grosseto
29	GODDAY James	NGR	44.90		84	23/06/08	1r1	Abuja
30	SANG Julius	KEN	44.92		48	07/09/72	3	München
31	KIPKEMBOI Simeon	KEN	44.93		60	28/01/90	3	Auckland
32	ALI ABUBAKR Nagmeldin	SUD	44.93		86	14/04/05	1	Makkah
33	ORUKPE Erayokan	NGR	44.95		93	14/09/15	1sf2	Brazzaville
34	NYONGANI Young Talkmore	ZIM	44.96	A	83	18/03/05	1r1	Pretoria
35	MATILU Abednigo	KEN	44.97		68	06/08/95	2q1	Göteborg
36	KHOUAJA Mohamed Ashour	LBA	44.98	A	87	30/07/10	1	Nairobi
37	WELGOPWA Saul	NGR	45.00		84	27/06/04	1r2	Ratingen
38	GAKOU Amadou	SEN	45.01	A	40	18/10/68	4	México
39	ASATI Charles	KEN	45.01		46	23/07/70	1	Edinburgh
40	REINACH Jaco	RSA	45.01	A	62	15/04/83	1	Bloemfontein
41	MWERESA Boniface	KEN	45.01		93	15/09/15	2	Brazzaville
42	LAHLOU Benyounes	MAR	45.03		64	09/09/92	2	Latakia
43	SERIBE Pako	BOT	45.04	A	91	10/05/14	2	Potchefstroom
44	WADE Ibrahima	SEN	45.05		68	20/08/98	3	Dakar
45	PISTORIUS Oscar	RSA	45.07		86	19/07/11	1	Lignano Sabbiadoro
46	TUMUTI Boniface Mucheru	KEN	45.07		92	12/08/14	3	Marrakech
47	NKOBOLO Onkabetse	BOT	45.10		93	14/09/15	2sf2	Brazzaville
48	MYBURGH Ludwig	RSA	45.11	A	62	12/04/85	1h1	Potchefstroom
49	MOGAWANE Ofentse	RSA	45.11		82	22/07/06	1r1	Malles
50	HASSAN Ibrahim	GHA	45.13		71	21/04/96	5r1	Walnut
51	LOUAHLA Malik	ALG	45.13		77	04/08/01	1h7	Edmonton
52	YOUSIF Rabah	SUD	45.13		86	24/07/11	1r1	Lapinlahti
53	BOTHA Adriaan	RSA	45.14	A	77	16/03/01	3r1	Roodepoort
54	DEMPERS Riann	RSA	45.15	A	77	06/05/94	1	Secunda
55	CHEPKWONY Julius	KEN	45.15	A	69	29/06/96	5	Nairobi
56	HARNDEN Ken	ZIM	45.19		73	28/05/99	1r1	Sevilla
57	LABIDI Sofiane	TUN	45.19		77	05/06/04	1r1	Sevilla
58	ATUTI James	KEN	45.21	A	54	20/06/79	1	Nairobi

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59	MUTEGI Anderson Mureta	KEN	45.22		87	28/05/10	2r1	Austin
60	SAMPAO Alexander Lerionka	KEN	45.22	A	96	11/07/15	2	Nairobi
61	MOLEFE California	BOT	45.23		80	05/06/04	1	Gaborone
62	NYANGAU Elkana	KEN	45.1	A	62	21/05/88	1	Nairobi
63	AMEGATCHER Solomon	GHA	45.1		70	03/07/93	1	Koumasi
64	PHIRI Bobang	RSA	45.26	A	68	06/05/94	2	Secunda
65	EKPEYONG Udemé	NGR	45.26		73	21/05/94	2	Odessa, TX
66	CHIWIRA Tawanda	ZIM	45.26		74	18/05/97	1	Burnaby
67	KOMBE Saviour	ZAM	45.27		91	12/08/14	4	Marrakech
68	UGBISIE Moses	NGR	45.28		64	04/06/87	2h2	Baton Rouge
69	MUTTAI Mark Kiprotich	KEN	45.28	A	78	30/07/10	4	Nairobi
70	KIRUI David	KEN	45.30		74	06/09/02	1	Tivoli
71	GORRIES Paul	RSA	45.30	A	81	28/03/03	4r1	Roodepoort
72	KIILU Vincent Mumo	KEN	45.31	A	82	04/07/08	1	Nairobi
73	OMOLO Amos	UGA	45.33	A	37	17/10/68	1q2	México
74	CHEPKWONY Stephen	KEN	45.34		54	24/01/75	1	Christchurch
75	ONYANCHA Fred	KEN	45.2	A	69	29/07/93	5	Nairobi
76	HACINI Amar	ALG	45.2		71	22/06/95	1	Annaba
77	RUDISHA David Lekuta	KEN	45.2	A	88	03/05/13	1	Nairobi
78	DELE UDO Ndubuisi	NGR	45.37		57	15/05/76	1	Lincoln
79	KONCHELLAH Billy	KEN	45.38	A	61	20/06/79	2	Nairobi
80	KIPROTICH Geoffrey	KEN	45.38		97	21/07/15	1r3	Bydgoszcz
81	KIBET Raymond	KEN	45.39	A	96	11/07/15	3	Nairobi
82	BESHR Anas	EGY	45.40		93	11/07/15	1	Montverde
83	MASHETO Lesiba	BOT	45.41		84	17/03/07	1r5	Tucson
84	KOUMI Sadam Suliman	SUD	45.41		94	14/09/15	2sf3	Brazzaville
85	BEZABEH Tegegne	ETH	45.42	A	41	18/10/68	6	México
86	OOSTHUIZEN Johan	RSA	45.42	A	61	15/04/83	2	Bloemfontein
87	KOEKEMOER Barend	RSA	45.42		95	09/05/15	1	Potchefstroom
88	MUKOMANA Phillip	ZIM	45.43	A	74	16/09/99	3	Johannesburg
89	FASASI Adekunle	NGR	45.43		96	01/04/16	1r1	Gainesville
90	ANZRAH John	KEN	45.3	A	54	16/06/84	2	Nairobi
91	SANG Lucas	KEN	45.3	A	61	12/08/88	2h	Nairobi
92	MWANZIA Stephen	KEN	45.3	A	62	23/12/89	3	Nairobi
93	N'DIAYE Hachim	SEN	45.44		63	03/08/97	4q3	Athína
94	AWAZIE Nduka	NGR	45.44		81	20/08/98	4	Dakar
95	MODIBEDI Edwin	RSA	45.45		64	30/05/85	3h4	Austin
96	FOORD Pieter	RSA	45.45	A	67	27/04/90	1	Bloemfontein
97	IMADIYI Felix	NGR	45.46		58	12/08/77	1	Tunis
98	MOHOANYANE Henry	LES	45.46	A	63	18/03/88	1	Bloemfontein
99	MOGAMI Bafetoleng	BOT	45.46	A		28/04/12	1h1	Windhoek
100	OGOLA Francis	UGA	45.47		73	23/07/94	1	Nivelles
101	KGOPONG Liob	RSA	45.47	A	75	08/03/97	2	Potchefstroom
102	MOENG Lebogang	RSA	45.47		89	08/04/11	1h1	Durban
103	JALLOW Dawda	GAM	45.48		69	03/04/93	2	Atlanta
104	de JAGER Herman	RSA	45.49	A	71	12/04/94	1	Pretoria
105	EZIUKA Anthony	NGR	45.50		71	22/07/89	1	Lagos
106	KIBET Victor	KEN	45.50	A	81	26/07/03	3	Nairobi
107	NGWIGWA Obakeng	BOT	45.50	A	85	30/07/10	5	Nairobi