

Africa all-time Top 100 end 2016

3000 st

1	KIPRUTO Brimin Kiprop	KEN	7:53,64		85	22/07/11	1	Monaco
2	KOECH Paul Kipsiele	KEN	7:54,31		81	31/05/12	1	Roma
3	BOULAMI Brahim	MAR	7:55,28		72	24/08/01	1	Bruxelles
4	BARMASAI Bernard	KEN	7:55,72		74	24/08/97	1	Köln
5	KEMBOI Ezekiel	KEN	7:55,76		82	22/07/11	2	Monaco
6	KIPTANUI Moses	KEN	7:56,16		70	24/08/97	2	Köln
7	MATEELONG Richard Kipkemboi	KEN	7:56,81		83	11/05/12	2	Doha
8	KOSGEI Reuben	KEN	7:57,29		79	24/08/01	2	Bruxelles
9	CHERONO Stephen	KEN	7:58,10		82	19/07/02	2	Monaco
10	BIRECH Jairus Kipchoge	KEN	7:58,41		92	05/09/14	1	Bruxelles
11	KIPKETER Wilson Boit	KEN	7:59,08		73	13/08/97	1	Zürich
12	KIPRUTO Conseslus	KEN	8:00,12		94	05/06/16	1	Birmingham
13	MUTAI Abel Kiprop	KEN	8:01,67		88	31/05/12	2	Roma
14	MISOI Kipkirui	KEN	8:01,69		78	24/08/01	4	Bruxelles
15	SANG Patrick	KEN	8:03,41		64	24/08/97	3	Köln
16	EZZINE Ali	MAR	8:03,57		78	23/06/00	1	Paris Saint Denis
17	YEGO Hillary Kipsang	KEN	8:03,57		92	18/05/13	3	Shanghai
18	YATOR Raymond	KEN	8:03,74		81	18/08/00	3	Monaco
19	KIPLAGAT Benjamin	UGA	8:03,81		89	08/07/10	2	Lausanne
20	KOSGEI John	KEN	8:03,89		73	16/08/97	3	Monaco
21	BARNGETUNY Eliud	KEN	8:05,01		73	25/07/95	1	Monaco
22	KOECH Peter	KEN	8:05,35		58	03/07/89	1	Stockholm
23	BARKUTWO Philip	KEN	8:05,37		66	06/09/92	2	Rieti
24	RONO Henry	KEN	8:05,4		52	13/05/78	1	Seattle
25	KOSGEI Christopher	KEN	8:05,43		74	11/08/99	2	Zürich
26	KARIUKI Julius	KEN	8:05,51		61	30/09/88	1	Seoul
27	KIPROTICH Wesley	KEN	8:05,68		79	03/09/04	4	Bruxelles
28	NGANGA Bernard Mbugua	KEN	8:05,88		85	11/09/11	2	Berlin
29	KETER Joseph	KEN	8:05,99		69	10/08/96	1	Monaco
30	GARI Roba	ETH	8:06,16		82	11/05/12	3	Doha
31	CHIRCHIR Gideon	KEN	8:06,77		66	16/08/95	2	Zürich
32	KOSGEI Richard	KEN	8:06,88		70	09/09/95	2	Monaco
33	KIRUI Gilbert Kiplangat	KEN	8:06,96		94	27/07/13	2	London
34	TALEB Brahim	MAR	8:07,02		85	28/07/07	2	Heusden-Zolder
35	KOSGEI Paul Malakwen	KEN	8:07,13		78	03/07/99	2	Paris Saint Denis
36	NYAMU Julius	KEN	8:07,59		77	24/08/01	5	Bruxelles
37	NDIKU Jonathan Muia	KEN	8:07,75		91	22/07/11	6	Monaco
38	BIRIR Matthew Kiprotich	KEN	8:08,12		72	08/06/95	3	Roma
39	KIPYEGO Michael	KEN	8:08,48		83	28/07/09	2	Monaco
40	LANGAT Patrick Kipkirui	KEN	8:08,59		88	15/05/11	4	Shanghai
41	HACHLAF Abdelkader	MAR	8:08,78		78	14/07/06	4	Roma
42	CHATBI Jamel	MAR	8:08,86		84	12/07/09	1	Tanger
43	SAHERE Abdelaziz	MAR	8:09,02		67	08/06/95	5	Roma
44	EL KHATTABI Elarbi	MAR	8:09,03		67	07/07/99	3	Roma
45	CHEMWENO David Biwott	KEN	8:09,09		81	23/07/05	2	Heusden-Zolder
46	KIPYEGO Barnabas	KEN	8:09,13		95	15/07/16	3	Monaco
47	KIBIWOTT Abraham	KEN	8:09,25		96	06/05/16	3	Doha
48	CHERUIYOT Abel	KEN	8:09,37		84	02/08/03	5	Doha
49	KIPKOECH Johnstone	KEN	8:09,54		68	25/08/95	2	Bruxelles
50	KOECH John Kibet	BRN	8:09,62		95	06/05/16	4	Doha
51	EZZINE Hamid	MAR	8:09,72		83	02/07/07	5	Athína
52	BETT Nicholas Kiptonui	KEN	8:10,07		96	25/08/16	2	Lausanne
53	BOUAUOICHE Hicham	MAR	8:10,10		74	16/07/98	3	Nice
54	BESSOU Laid	ALG	8:10,23		76	18/08/00	8	Monaco
55	CHERONO Abraham	KEN	8:10,33		80	12/06/03	6	Ostrava
56	CHELULE Julius	KEN	8:10,41		78	03/09/99	6	Bruxelles
57	KIPTEREGE Elijah Chelimo	KEN	8:10,63		87	08/05/09	5	Doha
58	KEMBOI Clement Kimutai	KEN	8:10,65		92	06/05/16	6	Doha

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59	MUTWOL William	KEN	8:10,74		67	07/08/92	3	Barcelona
60	KANDIE Jonathan	KEN	8:11,14		67	04/08/99	3	Monaco
61	KOMEN Willy Rutto	KEN	8:11,18		87	14/09/07	3	Bruxelles
62	BRAHMI Azzedine	ALG	8:11,27		66	04/07/92	1	Oslo
63	RAMOLEFI Ruben	RSA	8:11,50		78	29/08/11	2h2	Daegu
64	KORIR Julius	KEN	8:11,80		60	10/08/84	1	Los Angeles
65	CHUMBA Linus Kipwambok	KEN	8:11,98		80	08/07/05	8	Roma
66	RONO George Kiprotich	KEN	8:12,0		58	05/08/80	1	Roma
67	MESFIN Nahom	ETH	8:12,04		89	29/08/11	4h2	Daegu
68	JARSO Yacob	ETH	8:12,13		88	18/08/09	5	Berlin
69	KITUM Silas Kosgei	KEN	8:12,17		90	12/05/11	3	Daegu
70	BAYI Filbert	TAN	8:12,48		53	31/08/80	2	Moskva
71	BOINETT Micah	KEN	8:12,69		65	15/07/92	1	Nice
72	KIPLITANY Thomas	KEN	8:12,91		83	15/05/02	7	Doha
73	TURA Eshetu	ETH	8:13,57		50	31/07/80	3	Moskva
74	CHEPTUIYON James Kosgei	KEN	8:13,66		84	28/07/07	5	Heusden-Zolder
75	EL-OUARDI Zouhair	MAR	8:13,67		77	31/07/04	2	Heusden-Zolder
76	BOUJATTAOUI Chakir	MAR	8:13,83		83	02/07/09	2	Pescara
77	KOSGEI Collins	KEN	8:13,87		84	09/05/08	2	Doha
78	JIPCHO Ben	KEN	8:13,91		43	27/06/73	1	Helsinki
79	TERER Patrick Kipyegon	KEN	8:13,96		89	03/07/09	2	Metz
80	BEN YAHIA Amor	TUN	8:14,05		85	28/06/13	1	Mersin
81	KIPKEMBOI Joshua	KEN	8:14,13		59	06/08/86	1	Koblenz
82	OBWOCHA Samson	KEN	8:14,17		54	06/08/86	2	Koblenz
83	CHELIMO Elias Kemboi	KEN	8:14,28		84	11/09/11	3	Berlin
84	EL BAKKALI Soufiane	MAR	8:14,35		51	17/08/16	4	Rio de Janeiro
85	ARAPTANY Jacob	UGA	8:14,48		92	31/05/12	7	Roma
86	BACCOUCHE Féthi	TUN	8:15,07		60	02/07/87	1	Helsinki
87	LANGAT John	KEN	8:15,17		74	31/08/01	5	Berlin
88	NGETICH Caleb	KEN	8:15,21		81	20/06/06	5	Huelva
89	CHEMLAL Abdelatif	MAR	8:15,63		82	28/07/09	8	Monaco
90	LAGAT Haron	KEN	8:15,80		83	13/09/11	3	Zagreb
91	KIPTOO Julius	KEN	8:15,88		77	01/07/98	3	Bellinzona
92	TOUIL Abdelmadjed	ALG	8:15,93		89	09/06/13	4	Rabat
93	KIBIWOTT Stanley	KEN	8:16,04		69	16/06/99	1	Athína
94	GIRMA Tesfaye	ETH	8:16,14		95	16/07/16	3	Heusden-Zolder
95	CHEPKOK Samuel	KEN	8:16,23		77	28/05/99	6	Sevilla
96	CHEPKISA David	KEN	8:16,28		74	06/06/01	2	Milano
97	SIGUENI Hicham	MAR	8:16,54		93	30/07/15	1	Stockholm
98	KIPLAGAT Bislake Kipkorir	KEN	8:16,68		88	19/05/10	3	Daegu
99	RUTTO Ronald Kipchumba	KEN	8:16,69		87	29/05/05	4	Hengelo
100	MARABA Wilson Kipkemboi	KEN	8:16,96		86	29/06/12	2	Porto Novo
101	GETAHUN Birhan	ETH	8:17,36		91	11/09/11	1	Maputo
102	KIRUI Eliud Kibet	KEN	8:17,62		75	02/07/04	3	Roma
103	SEBOKA Tafese	ETH	8:17,75		93	03/06/16	2r1	Huelva
104	KIPSANG Lawrence Kemboi	KEN	8:17,79		93	06/05/16	9	Doha
105	BEYO Chala	ETH	8:17,84		96	03/06/16	3r1	Huelva
106	AYEKO Simon	UGA	8:18,04		87	03/07/09	4	Metz