

### National Athletics Records \_ Women\_400m / 31/10/2016

1	GERMANY (GER)	KOCH Marita	47.60	57	06/10/85	1	Canberra
2	CZECH REPUBLIC (CZE)	KRATOCHVILOVA Jarmila	47.99	51	10/08/83	1	Helsinki
3	FRANCE (FRA)	PEREC Marie-José	48.25	68	29/07/96	1	Atlanta
4	UKRAINE (UKR)	BRYZGINA Olga	48.27	63	06/10/85	2	Canberra
5	AUSTRALIA (AUS)	FREEMAN Cathy	48.63	73	29/07/96	2	Atlanta
6	UNITED STATES (USA)	RICHARDS-ROSS Sanya	48.70	85	16/09/06	1	Athínai
7	MEXICO (MEX)	GUEVARA Ana	48.89	77	27/08/03	1	Saint-Denis
8	BAHAMAS (BAH)	WILLIAMS-DARLING Tonique	49.07	75	12/09/04	1	Berlin
9	NIGERIA (NGR)	OGUNKOYA Falilat	49.10	68	29/07/96	3	Atlanta
10	RUSSIA (RUS)	NAZAROVA Olga	49.11	65	25/09/88	1s1	Seoul
11	POLAND (POL)	SZEWINSKA Irena	49.28	46	29/07/76	1	Montréal
12	JAMAICA (JAM)	FENTON Lorraine	49.30	73	19/07/02	2	Monaco
13	BOTSWANA (BOT)	MONTSHO Amantle	49.33	83	19/07/13	1	Monaco
14	GREAT BRITAIN & N.I (GBR)	COOK Kathy	49.43	60	06/08/84	3	Los Angeles
15	BULGARIA (BUL)	STAMBOLOVA Vania	49.53	83	27/08/06	1	Rieti
16	CUBA (CUB)	QUIROT Ana Fidelia	49.61	63	05/08/91	1	La Habana
17	COLOMBIA (COL)	RESTREPO Ximena	49.64	69	05/08/92	3	Barcelona
18	SPAIN (ESP)	MYERS Sandra	49.67	61	06/07/91	1	Oslo
19	CHINA (CHN)	YUQIN Ma	49.81	72	11/09/93	1	Beijing
20	SENEGAL (SEN)	THIAM Amy Mbacké	49.86	76	07/08/01	1	Edmonton
21	ROMANIA (ROU)	TARLEA Ionela	49.88	76	12/07/99	1	Palma de Mallorca
22	CANADA (CAN) =	PAYNE Marita	49.91	60	06/08/84	4	Los Angeles
23	SOUTH AFRICA (RSA)	SEYERLING Heidi	50.05	76	25/09/00	6	Sydney
24	FINLAND (FIN)	SALIN Riitta	50.14	50	04/09/74	1	Roma
25	ZAMBIA (ZAM)	MUPOPO Kabange	50.22	92	15/09/15	1	Brazzaville
26	ITALY (ITA)	GRENOT Libania	50.30	83	02/07/09	1	Pescara
27	BELARUS (BLR)	USOVICH Ilona	50.31	82	27/08/07	3s1	Osaka
28	CHAD (CHA)	NADJINA Kaltouma	50.38	76	06/08/01	2s2	Edmonton
29	UZBEKISTAN (UZB)	SHMONINA Marina	50.52	65	06/07/90	2	Kyiv
30	GREECE (GRE)	HALKIA Faní	50.56	79	12/09/04	4	Berlin
31	AUSTRIA (AUT)	KÄFER Karoline	50.62	A 54	18/06/77	1	Klagenfurt
32	BRAZIL (BRA)	FIGUEIREDO Maria Magnolia	50.62	63	21/08/90	1	Rovereto
33	GRENADA (GRN)	REGIS Hazel-Ann	50.64	81	16/05/04	1	Oxford
34	KAZAKHSTAN (KAZ)	ROSLANOVA Tatyana	50.68	80	05/06/04	1	Almaty

35	CAMEROON (CMR)	NGUIMGO Mireille	50.69		76	13/08/00	1r1	La Chaux-de-Fonds
36	LATVIA (LAT)	IKAUNIECE Vineta	50.71		62	04/09/88	4	Moskva
37	GUYANA (GUY)	POMPEY Aliann	50.71		78	16/08/09	4s1	Berlin
38	BAHRAIN (BRN)	ADEKOYA Oluwakemi	50.72		93	13/08/16	2h3	Rio de Janeiro
39	IRELAND (IRL)	CUDDIHY Joanne	50.73		84	27/08/07	4s1	Osaka
40	CROATIA (CRO)	GRGIC Danijela	50.78		88	17/08/06	1	Beijing
41	ST KITTS & NEVIS (SKN)	PONTEEN Tiandra	50.83		84	11/06/05	2	Sacramento
42	GHANA (GHA)	ADDY Mercy	51.0	h		02/10/89		Accra
43	BARBADOS (BAR)	FORDE Lorna	51.04		52	10/06/78	1	Westwood
44	SRI LANKA (SRI)	DHARSHA K.V.Damayanthi	51.05		75	30/08/00	1	Jakarta
45	INDIA (IND)	KAUR Manjeet	51.05		82	16/06/04	1	Chennai
46	LITHUANIA (LTU)	MATUSEVICIENE Dalia	51.12		62	22/06/84	7	Kyiv
47	SWEDEN (SWE)	HJELMER Moa	51.13		90	29/06/12	1	Helsinki
48	SUDAN (SUD)	EL JACK Nawal	51.19		88	15/07/05	1	Marraquech
49	KOREA DPR (PRK)	SHIN Keum-Dan	51.2	h	38	21/10/64	1	Pyongyang
50	HAITI (HAI)	WESH Marlina	51.23	A	91	07/07/12	2	Irapuato
51	SAINT VINCENT (VIN)	ALEXANDER Kineke	51.23		86	26/04/14	1r1	San Marcos
52	NAMIBIA (NAM)	HERUNGA Tjipekapora	51.24	A	88	04/05/12	1	Pretoria
53	SWITZERLAND (SUI)	PROTTI Anita	51.32		64	19/09/90	1	Lausana
54	NETHERLANDS (NED)	GOOSSENS Ester	51.35		72	06/06/98	1	Malmö
55	MOZAMBIQUE (MOZ)	MUTOLA Maria	51.37		72	02/08/94	8	Monaco
56	PUERTO RICO (PUR)	RODRIGUEZ Carol	51.39		85	03/05/08	1	Los Angeles
57	BELGIUM (BEL)	GEVAERT Kim	51.45		78	08/05/05	1r1	Gante
58	BENIN (BEN)	FERAEZ Fabienne	51.47		76	14/07/06	6r2	Roma
59	US VIRGIN ISL. (ISV)	JONES Laverne	51.47		81	21/04/07	2r2	Lawrence
60	HUNGARY (HUN) =	PAL Ilona	51.50		54	11/08/80	1	Budapest
61	TURKEY (TUR)	SAKA Pinar	51.53		85	30/07/11	1	Ankara
62	LIBERIA (LBR)	DAVIS Kia	51.55		76	17/05/08	1	Ponce
63	KENYA (KEN) # =	WAIATHERA Ruth	51.56		58	06/08/84	8	Los Angeles
64	NEW ZEALAND (NZL)	ROBERTSON Kim	51.60		57	19/01/80	1	Christchurch
65	PORTUGAL (POR)	AZLVEDO Cátia	51.63		94	23/06/16	2	Madrid
66	MOROCCO (MAR)	BIDOUANE Nezha	51.67		69	01/09/98	8	Berlin
67	JAPAN (JPN)	TANNO CHIBA Asami	51.75		85	03/05/08	2r2	Fukuroi
68	KIRZIGHISTAN (KGZ)	KULCHUNOVA Maria	51.80		58	24/06/76	5	Kyiv
69	VIETNAM (VIE)	NGUYEN Thi Tinh	51.83		82	08/12/03	1	Hanoi
70	TRINIDAD & TOBAGO (TTO)	BELLILLE Janeil	51.83		89	21/06/14	1r2	Port-of-Spain
71	SERBIA (SRB)	SALAŠKI Tamara	51.89		88	09/06/16	2	Stara Zagora
72	FIJI (FIJ)	BATIMALA Makelesi	51.89		77	26/06/04	1	Brisbane

73	ESTONIA (EST)	ULJAS Egle	51.91		84	21/08/04	5h4	Athína
74	VENEZUELA (VEN)	SOTO Nercely	51.94		90	26/11/13	1	Trujillo
75	SLOVAK REPUBLIC (SVK)	CERCHLANOVA Jozefína	51.98		52	27/07/74		Edinburgh
76	MOLDAVA (MDA)	COJUHARI Olesea	52.00		92	15/06/12	1	Bucuresti
77	SURINAM (SUR)	VRIESDE Letitia	52.01		64	12/07/97	1	Papendal
78	CYPRUS (CYP)	KYRIAKOU Dora	52.02		67	17/06/97	2	Bari
79	SLOVENIA (SLO)	LANGERHOLC Brigita	52.02		76	14/08/00	1	Ljubljana
80	IVORY COAST (CIV)	N'DRIN Célestine	52.04		63	24/09/88	4q4	Seoul
81	MADAGASCAR (MAD)	RATSIMBAZAFY Ony Paule	52.05		76	19/07/98	1	Paris
82	ISRAEL (ISR)	TKACH Anna	52.06		75	24/08/03	5h2	Paris Saint-Denis
83	ETHIOPIA (ETH)	MAGISO Fantu	52.09		92	13/05/11	1	Gaborone
84	TURKMENISTAN (TKM)	PETROVA Alyona	52.10		79	24/05/01	1	Almaty
85	GEORGIA (GEO)	AZARASHVILI Maja	52.13		64	11/06/88	6r1	Leningrad
86	CAYMAN ISLANDS (CAY)	MOTHERSILL-MODIBO Cydonie	52.18		78	16/05/09	1	Ponce
87	SAINT LUCIA (LCA)	LESFORIS VernetTa	52.21		75	25/06/99	1	Bridgetown
88	TUNISIA (TUN)	BEN HASSINE Awatef	52.22		80	08/08/02	3	Tunis
89	MALI (MLI)	DANTE Djénébou	52.24		89	10/06/16	1	Colmar
90	BRIT. VIRGIN ISL. (IVB)	KELLY Ashley	52.29		91	03/07/16	1	Road Town
91	DOMINICAN REP (DOM)	SANCHEZ Raysa	52.33	A	88	28/04/12	1	Medellín
92	NORWAY (NOR)	OLSEN Sølvi	52.45		67	04/08/91		Fana
93	NORWAY (NOR)	OLSEN Sølvi	52.45		67	04/08/91		Fana
94	UGANDA (UGA)	BAYIGA Justine	52.48		79	26/05/08	1	Al-Khartûm
95	ANTIGUA (ANT)	CHARLES Afia	52.49		92	12/05/13	1	Houston
96	ARGENTINA (ARG)	CONTE Olga Beatriz	52.50		66	22/03/97	1h1	Buenos Aires
97	TOGO (TOG)	THIEBAUT-KANGNI Sandrine	52.50		76	24/08/03	6h1	Saint-Denis
98	URUGUAY (URU)	RODRIGUEZ Deborah	52.53		92	03/10/14	1	Montevideo
99	MALAYSIA (MAS)	SALAM Rabia Abdul	52.56		73	03/12/93		Manila
100	COSTA RICA (CRC)	STEWART Zoila Rosa	52.57		68	25/11/93		Ponce
=	CANADA (CAN)	RICHARDSON Jillian	49.91		65	25/09/88	5s1	Seoul
	HUNGARY (HUN)	PE TRAHN Barbara	51.50	A	78	13/05/06	3	Xalapa
	KENYA (KEN)	ZAKARY Joyce	51.56		86	18/07/09		Abuja
<b># Rule 32.2 (A)</b>								
	KENYA (KEN)	ZAKARY Joyce	50.71		86	24/08/15	2h3	Beijing