

National Athletics Records _ Women_3000st / 31/10/2016 (90)

1	BAHRAIN (BRN)	JEBET Ruth	8:52,78	96	27/08/16	1	Paris Saint-Denis
2	RUSSIA (RUS)	GALKINA Gulnara	8:58,81	78	17/08/08	1	Beijing
3	KENYA (KEN)	JEPKEMOI Hyvin Kiyeng	9:00,01	92	28/05/16	2	Eugene
4	TUNISIA (TUN)	GHRIBI Habiba	9:05,36	84	11/09/15	1	Bruxelles
5	UNITED STATES (USA)	COBURN Emma	9:07,63	90	15/06/16	3	Rio de Janeiro
6	ETHIOPIA (ETH)	ASSEFA Sofia	9:09,00	87	07/06/12	2	Oslo
7	SPAIN (ESP)	DOMINGUEZ Marta	9:09,39	75	25/07/09	1	Barcelona
8	TURKEY (TUR)	MINGIR Gülcan	9:13,53	89	09/05/12	1	Sofia
9	AUSTRALIA (AUS)	LACAZE Genevieve	9:14,28	85	27/08/16	6	Paris Saint-Denis
10	UGANDA (UGA)	INZIKURU Docus	9:15,04	82	14/06/05	1	Athínai
11	BELARUS (BLR)	TUROVA Alesya	9:16,51	79	27/07/02	1	Gdansk
12	ROMANIA (ROU)	CASANDRA Cristina	9:16,85	77	17/08/08	5	Beijing
13	POLAND (POL)	FRANKIEWICZ Wioletta	9:17,15	77	03/07/06	1	Athina
14	GERMANY (GER)	KRAUSE Gesa Felicitas	9:17,41	92	15/08/16	6	Rio de Janeiro
15	PORTUGAL (POR)	AUGUSTO Jessica	9:18,54	81	09/06/10	2	Huelva
16	INDIA (IND)	BABAR Lalita Shivaji	9:19,76	89	13/08/16	4h2	Rio de Janeiro
17	MOROCCO (MAR)	ELOUALI ALAMI Salima	9:20,64	83	17/07/15	7	Monaco
18	SWEDEN (SWE)	FOUGBERG Charlotta	9:23,96	85	12/07/14	4	Glasgow
19	GREAT BRITAIN & N.I (GBR)	PARKER Barbara	9:24,24	82	02/06/12	4	Eugene
20	FINLAND (FIN)	ERIKSSON Sandra	9:24,70	89	12/07/14	6	Glasgow
21	FRANCE (FRA)	DUARTE Sophie	9:25,62	81	10/07/09	6	Roma
22	CHINA (CHN)	NIAN Liu	9:26,25	88	02/11/07	1	Wuhan
23	JAMAICA (JAM)	HYMAN Mardrea	9:27,21	72	09/09/05	3	Monaco
24	LATVIA (LAT)	JELIZAROVA Polina	9:27,21	89	04/08/12	4h1	London
25	UKRAINE (UKR)	GORPYNICH Valentyna	9:27,26	83	07/06/08	1	Yalta
26	ITALY (ITA)	ROMAGNOLO Elena	9:27,48	82	15/08/08	5h3	Beijing
27	IRELAND (IRL)	McGÉTTIGAN Roisín	9:28,29	80	28/07/07	3	Heusden-Zolder
28	BELGIUM (BEL)	DEJAEGHERE Veerle	9:28,47	73	02/06/07	3	Neerpelt
29	ALBANIA (ALB)	GEGA Luiza	9:28,52	88	10/07/16	2	Amsterdam
30	ALGERIA (ALG)	BETICHE Amina	9:29,20	87	17/06/14	4	Ostrava
31	HUNGARY (HUN)	TÓTH Livia	9:30,20	80	09/09/05	4	Monaco
32	LITHUANIA (LTU)	TROUP Rasa	9:30,21	77	15/08/08	8h3	Beijing
33	CANADA (CAN)	LALONDE Geneviève	9:30,24	91	13/08/16	4h3	Río de Janeiro
34	SWITZERLAND (SUI)	SCHLUMPF Fabienne	9:30,54	90	13/08/16	6h2	Río de Janeiro

35	GREECE (GRE)	KOKKINARIOU Irini	9:30,72	81	13/07/08	5	Athina
36	NEW ZEALAND (NZL)	McILLROY Kate	9:32,54	81	22/07/06	5	Heusden-Zolder
37	DENMARK (DEN)	MØLLER Anna Emilie	9:32,68	97	13/08/16	6h3	Rio de Janeiro
38	NORWAY (NOR)	BJERKELI GRØVDAL Karoline	9:33,19	90	02/06/07	4	Neerpelt
39	BULGARIA (BUL)	DANEKOVA Silviya	9:33,41	83	01/08/15	1	Pitesti
40	JAPAN (JPN)	HAYAKARI Minori	9:33,93	72	20/07/08	4	Heusden-Zolder
41	AZERBAIJAN (AZE)	ABDULLAYEVA Layes	9:34,75	91	30/07/10	6	Barcelona
42	SLOVENIA (SLO)	MIŠMAŠ Maruša	9:35,10	94	09/05/15	1	Bratislava
43	MOLDAVA (MDA)	JURAVEL Oxana	9:36,63	86	15/08/09	6h3	Berlin
44	NETHERLANDS (NED)	BOONSTRA Miranda	9:38,40	72	29/05/09	1	Nijmegen
45	BRAZIL (BRA)	dos SANTOS Juliana Paula	9:38,63	83	05/06/16	1	Praha
46	PUERTO RICO (PUR)	RAMOS Beverly	9:39,33	87	10/07/12	5	Sotteville-lès-Rouen
47	CZECH REPUBLIC (CZE)	LUSTIGOVA Marcela	9:41,73	82	13/06/11	5	Praha
48	COLOMBIA (COL)	FIGUEROA Ángela	9:42,71	84	20/05/12	3	Rio de Janeiro
49	ARGENTINA (ARG)	CASETTA Belén	9:42,93	94	14/05/16	1	Rio de Janeiro
50	MADAGASCAR (MAD)	SAHOLINIRINA Eliane	9:44,50	82	26/06/16	4	Durban
51	DOMINICAN REP (DOM)	MANCEBO Maria	9:45,84	93	01/08/14	1	São Paulo
52	PANAMA (PAN)	BELL Rolanda	9:47,16	87	13/06/15	9	NewYork
53	SUDAN (SUD)	MUNA KALAMEYA Durka	9:47,41	88	19/07/08	4	Barcelona
54	AUSTRIA (AUT)	MAYR Andrea	9:47,61	79	02/07/08	2	Jambes
55	MEXICO (MEX)	NARVAEZ Ana Cristina	9:48,33	91	14/05/15	5	LosAngeles
56	INDONESIA (INA)	BUDIARTI Rini	9:49,46	83	27/09/14	5	Incheon
57	ESTONIA (EST)	PATJUK Jekaterina	9:50,15	83	21/06/14	3	Tallinn
58	PERU (PER)	ARENAS Zulma	9:52,88	95	03/06/16	6	Huelva
59	ZIMBABWE (ZIM)	MARAKURWA Letiwe	9:52,98	78	13/06/03	4	Sacramento
60	UN ARAB EMIRATES (UAE)	DESALEGN Bethem	9:53,19	91	21/08/14	13	Stockholm
61	SOUTH AFRICA (RSA)	MASEHLA Tebogo	9:54,19	79	04/06/11	2	Oordegem
62	CUBA (CUB)	OCAMPO Yorlin	9:58,7	90	30/05/09	1	La Habana
63	SERBIA (SRB)	JOVIC Biljana	10:02,24	85	13/07/07	2h2	Debrecen
64	VIETNAM (VIE)	NGUYEN Thi Phuong	10:02,98	90	29/11/10	1	Danang
65	KOREA DPR (PRK)	PAK Kum-Hyang	10:04,83	86	09/10/13	3	Tianjin
66	SRI LANKA (SRI)	RATHNAYAKE U.K. Nilani	10:09,49		24/07/15	1	Diyagama
67	CROATIA (CRO)	STUBLIC Lisa	10:09,56	84	01/06/09	1	Ljubljana
68	ECUADOR (ECU)	AMBOYA Monica	10:11,98	82	06/08/04	5	Huelva
69	BOSNIA-HERZEGOVINA (BIH)	CVIJANOVIC Biljana	10:16,80	88	28/06/13	8	Mersin
70	KOREA (SOUTH) (KOR)	SHIN Sa-hin	10:17,63	92	10/10/10	1r2	Jinju
71	VENEZUELA (VEN)	BREA Joselyn Daniely	10:21,93	94	09/07/16		Palencia
72	PHILIPPINES (PHI)	BARNARD Jessica	10:22,49	90	01/05/16	10r3	Palo Alto

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73	ERITREA (ERI)	ZEMUJ Yohana	10:25,2	95	03/04/11		Asmara
74	HONG KONG (HKG)	CHING Yiu Kit	10:25,81	88	09/10/13	4	Tianjin
75	BERMUDA (BER)	BERRY Ashley	10:27,50	92	16/05/14	2	Atlanta
76	BOTSWANA (BOT)	DINTWE Onneile	10:32,15	85	09/04/11	5	Durban
77	UZBEKISTAN (UZB)	MOROZ Irina	10:32,89	87	27/09/14	8	Incheon
78	SLOVAK REPUBLIC (SVK)	PROTICOVA Kristina	10:34,02		30/05/04	2	Louisville
79	CHINESE TAIPEI (TPE)	CHEN Chao-Chun	10:37,54	92	23/03/13	1	Taipei
80	EL SALVADOR (ESA)	PORTILLO Zuna	10:38,25	89	21/04/12	1	Baton Rouge
81	PARAGUAY (PAR)	CABALLERO María	10:39,2	87	27/07/13	1	Asunción
82	CHILE (CHI)	GALLOSO Ingrid	10:39,82	86	06/09/08	3	Lima
83	MONTENEGRO (MNE)	PERUNOVIC Sladana	10:40,1	84	08/06/13		Bar
84	BOLIVIA (BOL)	MANSILLA Niusha	10:40,7	71	14/09/01		Ambato
85	CYPRUS (CYP)	CHRISTOPHOROU Stella	10:40,79	92	23/04/11		Athens
86	ISRAEL (ISR)	WEINGARTEN Irina	10:41,56	79	04/06/05		Tel Aviv
87	ICELAND (ISL)	SKULADOTTIR Iris Anna	10:42,25	89	21/06/08		Tallinn
88	SAO TOME & PRINCIPE (STP)	SOARES Celma Bonfim	10:42,48	77	31/05/08		Lisboa
89	KAZAKHSTAN (KAZ)	GOFMAN Yelena	10:47,48	83	19/06/12		Almaty
90	GUATEMALA (GUA)	MARROQUIN Evonne	10:51,55	81	30/07/10		Mayagüez